

Wildcats Newsletter

February 2020

5400 Mail Creek Lane
Fort Collins, CO 80525

Principal
Hayden Camp

Office
488-5550

Attendance Line
488-5551

Fax
488-5552

www.wer.pedschools.org

It's a note from the principal ...

Dear Werner Community,

At Werner, we value educating the whole child, and one of our core values is meeting the needs of each child to promote individual growth (social, emotional, behavioral, physical, artistic, and academic). We believe in educating the mind, but also developing the heart and body. During the month of February, your student will have the opportunity to participate in the annual 5210 Challenge sponsored by Healthy Kids Club and our Wellness Committee. We encourage your whole family to participate in daily challenges that will help promote and develop healthy habits. You can find more information at: <https://www.uchealth.org/services/community-health/healthy-kids/5210-school-challenge/>. Top schools will receive prize money to go towards physical education equipment and wellness initiatives. We hope you participate and enjoy this challenge as a family!

continued on next page

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WERNER ELEMENTARY PTA



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**February
2020**

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Note From The Principal *continued*

As we begin February, we have started the process of planning for the 2020-2021 school year. To start, we will have our annual Class Placement Input for parents available during the month of February. This is an optional opportunity for you to give input on your child's needs when considering class placement. We want you to know that all of our teachers are excellent, and our goal is to create balanced classrooms to help your child thrive. You can expect more communication to come in our Werner Weekly and by email. Please do not make specific requests for teachers as these are not considered or included in our class placement process.

As part of our planning process, we ask our community to give us feedback on our priorities for next year to help guide our budget and staffing plan. You can access this brief survey at: <https://www.surveymonkey.com/r/265HBHZ> (or use the QR code below). This survey takes less than 5 minutes and will be open until the end of February. We appreciate your time in giving us input to help guide our decisions for building a staffing plan that supports our school.



Thanks, again, for all that you do to support our school!

Sincerely,

Hayden



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DATES TO REMEMBER

Each morning **except on Wednesday** at 7:45 a.m. Coach J. will hold a PE enrichment class for students in grades 1-3. **Front doors will not open before 7:40 a.m. PLEASE DO NOT LEAVE YOUR CHILDREN UNATTENDED BEFORE 7:40 AM**

- 4 Preston and Kinard counselors visit 5th grade @ 1:45 – 3:00 p.m.
- 12 PTA meeting in the staff lounge @ 9:00 – 10:30 a.m.
- 14 Valentine Classroom Parties @ 2:15 p.m. unless advised otherwise by your child's teacher
- 17 NO SCHOOL – Teacher Work Day
- 19 4th grade field trip to Denver State Capitol @ 9:00 a.m. – 2:00 p.m.
- 21 Happy Hearts Family Night @ 5:00 - 7:00 p.m.
Sponsored by Werner PTA
- 24 Werner Dines-out at DC Oakes, Harmony Road @ 5:00 - 8:00 p.m.
- 26 Werner Science Fair Set-up @ 3:30 - 6:00 p.m.
- 27 Werner Science Fair - student projects will be judged.
Judging is closed to parents.
- 27 Werner Science Fair Open House @ 5:00 – 7:00 p.m.
Award presentation @ 6:30 p.m.

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February 2020



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Upcoming dates to remember:

- | | |
|--------------|--|
| March 2 | No School – Teacher work day |
| March 11 | Werner Battle of the Books Competition |
| March 16– 20 | SPRING BREAK |
| March 26 | Lifetouch class picture day |



Note From The Office

February is here, and the school days are flying by. It will be Spring Break before we know it. January tried to trick us into believing that spring was right around the corner with some very pleasant days, but our coldest and snowiest months are coming fast. We appreciate you making sure your child has weather appropriate clothing for recesses. As much as we would love to help, for health reasons, we are no longer allowed to loan coats to students. I'm sorry, but this means if your child does not have a coat that is warm enough to allow him or her to play outside, we will have to contact you to bring a warm coat for the following recess. Please keep in mind that students go out to recess if the temperature is above 10 degrees Fahrenheit.

Snow pants and boots are most definitely a must in snowy weather. Snowy hills are fun and a big attraction for our kids, however, it really isn't fun to sit in wet clothes after sliding down that snowy hill during first recess. So, with that in mind, we would be grateful if you could have a spare pair of

continued on next page

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**February
2020**



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Click on Snowflake Icon
to access PSD Weather
Closure Procedures

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Note from the Office

pants, socks, and if possible, shoes in their backpack. We don't always have clothing in the correct size or that is suitable for cold weather, so again we will have to call you to bring dry clothes. Wet shoes mean cold feet which equals a miserable day for your child.

Please keep checking the lost and found bins if your child comes home missing a coat, gloves or boots! The bins are filling up fast again.

On the subject of clothing, we have very few spare clothes in our office, especially pants in small sizes. If you are putting together a Goodwill bag, please consider donating gently used pants in all sizes to Werner. Thank you!

If the weather seriously misbehaves, and we need to close school early (we hope not!) it is important that we have the correct phone number to reach you. If you have changed your telephone number since the beginning of the school year, please let us know as soon as possible.

I am sorry. I know I have mentioned this before, but we would be extremely grateful if you would make sure that your voice mail box is set up or that your voice mail box isn't full. We really need to be able to contact you in an emergency or if your child is sick.

As flu season reaches its peak, and in the interest of keeping all our students as healthy as we can, we would like to remind you that **if your child has had a fever, they should not return to school until their temperature is 99 degrees or lower without medication for 24 hours. The same applies to vomiting or diarrhea. The student should not return to school until they have been symptom free without medication for 24 hours.**

Finally, a request for help. Class picture day is on March 26. Lifetouch will take class group photographs and individuals of students who were not enrolled at Werner in the fall. We have had parents who do a photo in the fall and spring, so group and separate individual forms will come home in the Friday folder in March. We would love to have one or two people help us that day from 8:30 a.m. – 2:00 p.m. If you can help either for half a day or all day, please let me know at 970-488-5554 or email abuchana@psdschools.org. Thank you for considering my request.

We hope you all have a fantastic month full of fun and good health.

All the best,

Celia

**February
2020**

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Does your child ask lots of questions about the world around us? Or, does your child enjoy building or creating inventions? Most of our kids do. Our Science and Engineering Fair is the perfect opportunity for your scientist to test out their ideas! All students are invited to participate. Students may work independently, with a partner, or in groups of three. We will have two divisions, K-3 and 4-5. All students who complete a project will get to share their results with friends and will receive a participatory ribbon, a scoring sheet with comments, and accolades from their teachers. Last year, we had a record number of projects. We would love to go even bigger and fill the gym this year!

This year, there are even more opportunities to win and be recognized. We will honor the best Life Science, Earth Science, Physical Science and Engineering Projects in each division. First place winners' names from each division will also be engraved on our Science Fair plaques beside the Werner trophy case! Plus, the top two projects from the grades 4-5 division will advance and represent our school at the Poudre School District Fair at the Fort Collins Museum of Discovery.

So how do you get started? Completing a project is not as hard as it sounds. You'll need to get a tri-fold project display board. Projects following the scientific method should contain a question, hypothesis (prediction), procedure (the steps taken to carry out the experiment), results (observations, data, etc.), and conclusions (discussion/reflection on what was learned). Engineering projects should include a problem, background research (optional), and preliminary designs and sketches. Then, your child should build a prototype (this can be a smaller model of their invention) and test it out to see if it works. Display the prototype (or pictures of it) along with a results and conclusions section on your project board. We will be posting more information including examples, ideas, and the scoring rubrics on our school website very soon.

The bottom line is that we want as many students as possible to participate and to share their ideas and inventions. We are not as strict as the district fair will be about projects containing all the criteria, so please don't feel intimidated the requirements. All projects are welcome to be put on display.

Please feel free to reach out if you have any questions or if you need help coming up with an idea. I hope that you have fun with this great opportunity to allow your child to be curious and creative.

Questions? Please contact the Science Fair Chair, Jeffery Putman, 2nd grade teacher at jputman@psdschools.org.

**February
2020**



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Counseling Corner

As we move into the new year, Kindergarteners are learning more about friendship and how to be a good friend. This includes calming our brains when we get upset so we can remain a good friend. It also involves kindergarteners learning about empathy and the importance of putting ourselves in someone else's shoes to develop compassion and understanding. First grade is now learning about different personalities and how to get along with someone who may see things different from you. They are learning about how everyone has strengths that contribute to the classroom and our community. Second grade is continuing their learning over the next few months on Career Exploration. Looking at what they like and possibly good at, and how those skills can make our world a better place. If you have a second grader, please talk with him/her about how you decided on your job or career.

Third grade is continuing with Bully Proofing and Normal Peer Conflict. They are learning the tools they may need for conflict and for bullies/mean people. Please ask them about how we define a bully, bystander, target, and how to be an upstander. Fourth and fifth graders are growing more with BrainWise and Growth vs. Fixed Mindset. Students are learning they have the power over their attitudes and reactions. When we learn to calm our brains and not give up, we learn how to develop healthy relationships, stay focused, and happiness.

I also refer to Love and Logic as a parent and as a counselor. The following article is taken from their email resources. Please visit the Love and Logic website for further information about helping our children build life skills.

Perseverance is the key to building grit. There is no doubt that kids who develop it will lead happier and more productive lives than those who don't. Listed below are few "grit builders" with corresponding "grit stealers."

Teaching perseverance isn't complicated. It requires a willingness to allow kids to experience healthy challenges as they grow. It also requires that we let them see that they have what it takes to cope with life's challenges.

Dr. Charles Fay

continued on next page

February 2020



Get **FREE** **ADMISSION** to local attractions with your Library card!

CURIOSITY PASS

POUDRE RIVER PUBLIC LIBRARY DISTRICT

CONNECT TO CURIOSITY

Check out the Werner calendar at <https://wer.psdschools.org/calendar> for updated information throughout the month as event times and/or dates can change.

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Counseling Corner *continued*

Grit Builders		Grit Stealers
Allow your kids to make affordable mistakes and live with the consequences.	➡	Micromanage or rescue your kids.
Celebrate effort, hard work, and perseverance.	➡	Constantly tell them that they are bright, gifted, or exceptionally talented.
Let them see you make mistakes.	➡	Model perfectionism.
Show your kids that you maintain a positive attitude when you make mistakes.	➡	Talk badly about yourself when you make mistakes.
Guide your kids toward getting along well with their teachers and coaches.	➡	Talk to their teachers and coaches, ensuring that things go smoothly for your kids.
Expect your kids to do their fair share of chores.	➡	Treat your kids like a guest at a resort for the rich and famous.
Let them hear you discussing how trials build mature character.	➡	Let them hear you complaining about the trials you face.
Let them wait for what they want.	➡	Immediately gratify their desires.
Allow them to experience a natural and full range of emotions. Show that you care by expressing empathy.	➡	Try to keep them happy at all times. Give them the impression that life should never be upsetting or stressful.

Werner Dines-Out

February 24, 2020 at DC Oakes Brewhouse and Eatery

Please join us at D.C. Oakes Brewhouse and Eatery, 3581 E Harmony Road #110 from 5:00 -8:00 p.m. Werner PTA will receive 10% of sales made during that time. Watch out for your child's Friday folder coming soon with a flyer to present to your server.





Setting Goals

The middle of the school year is a great time for families to check in with students on goals. Setting academic and personal goals helps motivate, energize, and focus students, and it is a valuable skill that will benefit learners throughout their lives. Parents can help students set and achieve these goals.

Goal-setting can be tedious, even intimidating, for some students. Parents can support students in this process by following these steps: pick it, map it, do it, own it, and celebrate it.

Pick it. Encourage your child to consider his or her dreams and passions and pick goals that are important and meaningful. Guide your child to think about, "What motivates me? What would inspire me to give my best effort? What would make me feel good while I'm doing it? What achievement would make me feel proud?"

Map it. After your child picks a goal, help map the path from where he or she is now to where the child wants to be. Offer the following analogy: If we want to drive across the country from New York to California, we don't just get in our car and start driving—we get a map, pick a route, and follow it until we get to California.

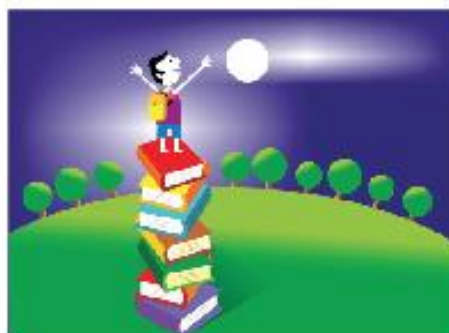
With your child, analyze different approaches and define clear steps to reach their goal. For instance, if the goal is to get a higher test grade in a tough subject, each quiz or project is a step on the path to the higher goal: earning an A.

Do it. Once you and your child have mapped a path to their goal, encourage him or her to take action, focus on the first step and give it his or her best effort. Remind your child that no goal is ever reached without focused action.

Own it. As your child makes progress toward their goal, help him or her to take responsibility for making it happen. Teach the mantra, "If it's to be, it's up to me!"

Reflect with your child. Ask, "How are you doing? What's

working? What's not working? What can you or your family change to get to this goal?" From there, analyze the map, and make changes to the plan if necessary.



Help your child keep a positive attitude and own mistakes as well as successes. Remind your child that if something comes along that holds him or her back temporarily, to look at the experience as feedback. Failures, or bumps in the road, can provide us with information we need to succeed. Reinforce the message that we can learn from our mistakes and move on with new, valuable knowledge.

Celebrate it. Acknowledgment and celebration are huge parts of achieving goals. Acknowledge every effort and celebrate your child's mini-successes along the way to achieving a goal. This builds his or her confidence and motivation. Your child will feel good and understand that perseverance will result in another mini-success and finally goal achievement.

Try going through the goal-setting process as a family. Pick a family goal (perhaps a charitable activity) and work together to achieve it. After the family experience, have each family member pick a personal goal. Support and acknowledge one another as you move through the above steps.

Success is assured when students believe in themselves and in their ability to achieve. Parents are key to helping them believe and succeed.

This Report to Parents was written by Bobbi DePorter of Quantum Learning Network.

Plan early for the 2020-2021 school year!

Applications for preschool available January 6, 2020.

Eligible families that apply before February 28 will receive their acceptance letter by April 10, 2020.



FULLANA LEARNING CENTER

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psdschools.org/programs-services/early-childhood-education

¡Planifique temprano para el año escolar 2020-2021!

Solicitudes para preescolar serán disponibles el 6 de enero de 2020. Las familias elegibles que presenten su solicitud antes del 28 de febrero recibirán su carta de aceptación antes del 10 de abril de 2020.



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February 2020

Werner
Breakfast

MONDAY

3

- WG Seasonal Loaf Bread
- Assortment of Fruit

TUESDAY

4

- Breakfast Sausage Pizza
- Assortment of Fruit

WEDNESDAY

5

- Mini Cinnamon Rolls
- Assortment of Fruit

THURSDAY

6

- Breakfast Round
- Assortment of Fruit

FRIDAY

7

- Pancakes & Sausage
- Assortment of Fruit

10

- Breakfast Sausage Pizza
- Assortment of Fruit

11

- WW Bagel & cream cheese
- Assortment of Fruit

12

- French toast sticks
- Sausage Patty
- Assortment of Fruit

13

- Pancake & Sausage Wrap
- Assortment of Fruit

14

- Sausage & Cheese Bagel Sandwich
- Assortment of Fruit

**17**

- No School Today

18

- Mini Cinnamon Rolls
- Assortment of Fruit

19

- Breakfast Sausage Pizza
- Assortment of Fruit

20

- Yogurt & Cinnamon Roll
- Assortment of Fruit

21

- WG Seasonal Loaf Bread
- Assortment of Fruit

24

- Waffles
- Assortment of Fruit

25

- French toast sticks
- Sausage Patty
- Assortment of Fruit

26

- Breakfast Round
- Assortment of Fruit

27

- WW Bagel & cream cheese
- Assortment of Fruit

28

- Pancake & Sausage Wrap
- Assortment of Fruit

Food Offered Daily: Assorted Cereal, Assorted Muffins, Assorted Juice, Chocolate Milk, Milk fat free, Milk low fat 1%

February 2020

Werner
Lunch

MONDAY

3

- Chicken Patty Sandwich
- Turkey Gravy & Roll
- Mashed Potatoes
- ColdDeli Yogurt & Goldfish
- Cold Deli Meat & Goldfish
- Pb&J Sandwich

TUESDAY

4

- Chicken Alfredo
- Cheese Calzone & Marinara
- Green Beans
- ColdDeli Yogurt & Goldfish
- Cold Deli Meat & Goldfish
- Pb&J Sandwich

WEDNESDAY

5

- Orange Chicken & Rice
- Hamburger & Cheeseburger
- Steamed Broccoli
- ColdDeli Yogurt & Goldfish
- Cold Deli Meat & Goldfish
- Pb&J Sandwich

THURSDAY

6

- Beef Taco & Rice
- Chicken Nuggets
- Refried Beans
- ColdDeli Yogurt & Goldfish
- Cold Deli Meat & Goldfish
- Pb&J Sandwich
- Mexican Condiments- ELEM
- Nugget Dipping Sauces

FRIDAY

7

- Hawaiian Pizza
- Cheese Pizza
- Corn
- Yogurt Parfait
- ColdDeli Yogurt & Goldfish
- Cold Deli Meat & Goldfish
- Pb&J Sandwich

10

- Ocean Treasures
- Tomato Soup & Grilled Cheese
- Steamed Carrots
- Cold Deli Yogurt & Roll
- Cold Deli Meat & Roll
- Pb&J Sandwich

11

- Penne & Meat Sauce
- Pig in a Blanket
- Green Beans
- Cold Deli Yogurt & Roll
- Cold Deli Meat & Roll
- Pb&J Sandwich

12

- Teriyaki Chicken & Rice
- Hamburger & Cheeseburger
- Steamed Veggies
- Cold Deli Yogurt & Roll
- Cold Deli Meat & Roll
- Pb&J Sandwich

13

- Chicken Strips
- Chicken Burrito
- Refried Beans
- Cold Deli Yogurt & Roll
- Cold Deli Meat & Roll
- Pb&J Sandwich
- Nugget Dipping Sauces
- Mexican Condiments- ELEM

14

- Pepperoni Pizza
- Cheese Pizza
- Peas
- Hummus & Veggie Box
- Cold Deli Yogurt & Roll
- Cold Deli Meat & Roll
- Pb&J Sandwich



17

- No School Today

18

- Cheese Ravioli & Roll
- Cheese Calzone & Marinara
- Green Beans
- Cold Deli Yogurt & Pretzel
- Cold Deli Meat & Pretzels
- Pb&J Sandwich

19

- Orange Chicken & Rice
- Chicken Patty Sandwich
- Steamed Broccoli
- Cold Deli Yogurt & Pretzel
- Cold Deli Meat & Pretzels
- Pb&J Sandwich

20

- Homemade Chili & Cinnamon Roll
- Chicken Nuggets
- Black Beans
- Cold Deli Yogurt & Pretzel
- Cold Deli Meat & Pretzels
- Pb&J Sandwich
- Nugget Dipping Sauces

21

- Hawaiian Pizza
- Cheese Pizza
- Corn
- Chicken Caesar Wrap
- Cold Deli Yogurt & Pretzel
- Cold Deli Meat & Pretzels
- Pb&J Sandwich

24

- Tomato Soup & Grilled Cheese
- Ocean Treasures
- Steamed Carrots
- Cold Deli Yogurt & Roll
- Cold Deli Meat & Roll
- Pb&J Sandwich

25

- Mac & Cheese
- Lasagna with Beef
- Green Beans
- Cold Deli Yogurt & Roll
- Cold Deli Meat & Roll
- Pb&J Sandwich

26

- Asian noodle & Meatball
- Pig in a Blanket
- Steamed Veggies
- Cold Deli Yogurt & Roll
- Cold Deli Meat & Roll
- Pb&J Sandwich

27

- Beef & Bean Burrito ES-MS
- Chicken Patty Sandwich
- Refried Beans
- Cold Deli Yogurt & Roll
- Cold Deli Meat & Roll
- Pb&J Sandwich
- Mexican Condiments- ELEM

28

- Pepperoni Pizza
- Cheese Pizza
- Chef Salad & Roll
- Peas
- Cold Deli Yogurt & Roll
- Cold Deli Meat & Roll
- Pb&J Sandwich

Food Offered Daily: Fruit Salad, Salad Bar, Assorted Salad Dressings, Assorted Condiments, Whole Wheat Dinner Roll, Cheese Stick Option, Chocolate Milk, Milk fat free, Milk low fat 1%