



Wildcats Newsletter

November 2020

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Fort Collins, CO 80525

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Hayden Camp

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www.wer.psdschools.org

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It's a note from the principal ...

Dear Werner Community,


Our shift to Phase 3 has gone well. Having our students back in the building has brought great joy! While the challenges and reality of this pandemic are here, our students get to have a small bit of normalcy again. We want to thank you, again, for your continued support and helping care well for others so that we can keep having students back in-person as long as possible.

I know that you all saw the messaging from PSD this week about the concern with rising numbers. PSD and Werner will continue to communicate as things change or what to expect next. At this point, we don't have any anticipation of things changing and will continue with Phase 3 and improving our experience for students while in-person and remote. Please stay in touch with your child's teacher about how things are going for your child and to problem solve challenges that will best support your student.

continued on next page

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Note From The Principal

continued

As we enter the month of November, our annual Meals that Matter will look different this year. Our intent is to help support our community with a Thanksgiving meal if they need it. Please see the info in this newsletter about how you can help. Our annual Giving Tree will be communicated later this month as well.

Included in this newsletter is information about helping your child with the Art of Giving, information from Mrs. Flemister, and other information to help support you as parents. Thanks for your continued support of Werner and don't hesitate to let me know if you have any questions (hcamp@psdschools.org).

Sincerely,

Hayden

Coming Up-November

Please check our Werner School Calendar on our website for up-to-date information: <https://wer.psdsschools.org/node/1075>.

November Dates to Remember

6	Spirit Day-Crazy Socks Day
12	PTA Meeting (9:00-10:30 am)
11-12	Spirit Day-Vote! Wear Stars or Stripes
18	Meals That Matter donations due to office
18-19	Spirit Days-Cares and Shares Cards for the Food Bank
23-24	Spirit Day-Football Fandom
25-27	Thanksgiving Break



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November 2020



TALKING TO
SOMEONE
CAN HELP.

OUT
OF SORTS
THESE DAYS?

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connections

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Staff Favorites

We often get questions about our staff and their favorite things (for appreciation, etc.). You can access those remotely at [Staff Favorites](#).



PSD Planning 2020-21

Stay up-to-date with PSD's plans for the 2020-21 school year at: <https://www.psdschools.org/psd2020-21>. This site will house all the information needed for the different phases and updates throughout the year.

Counseling Corner



What a wonderful start to Hybrid Learning! It is already that time of year for giving and Werner wants to make sure all families have needed food and essentials. If you would like to give to Meals that Matter, please send a check, cash, or gift card with your student before November 13th. We will attach

the monetary gift to a Turkey to give to families the week of November 16th. Please do not feel obligated and if your family is in need, please contact Julie Flemister (jflemist@psdschools.org) or Jenny Whetsell (jwhetsel@psdschools.org). Everything is confidential and we are internally grateful for all the donations. We will be asking again for monetary or gift card donations again in December for the Werner Giving Tree.

I have many resources on my Learning Page at <https://sites.google.com/psdschools.org/wer-learning-counselor-flemist/home>. If you don't see what you need, please do not hesitate to email at

jflemist@psdschools.org

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9/20

November 2020



Check out the Werner calendar at <https://wer.pdschools.org/calendar> for updated information throughout the month as event times and/or dates can change.

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Counseling Corner

continued

If you think your child would benefit talking to me about any social problems (including anxiety, stress, or other relevant subjects), please email me. I check in with kids often and we can set up a time and day easily for a weekly check in. I have a couple of sites for parents (also on my Learning Page) that offer helpful tips and tools for calming the brain and other relevant social resources.

My Counseling website is:

<https://padlet.com/jflemist/l7fdazqa2vhv>

This site has resources on:

- PSD Elementary Counseling Resources: <https://sites.google.com/pdschools.org/psd-elementary-counseling/home>
- Video lessons according to grade.
- Cyber Bullying Tips to keep students safe.

Check out my new blog about parenting and counselorisms - tools for life skills and positive parenting

<http://117551676116791691.weebly.com/>

Here is an excerpt from my newest blog (copy the link above to read the rest):

Hang with People that Make Us Feel Good!

Now that I have talked about POWER the past two blogs, I thought it was time to give a simple tool to help with our POWER. Hopefully, you have been practicing saying positive thoughts to yourself and have done continuous Acts of Kindness. I now want to look at how our outside influences our inside thoughts.

Have you ever had that one friend or co-worker who always complaining, never happy about life? The more you hang around them, the more you see your attitude and perceptions change. We may be happy, go lucky people, but the people we are hanging around, social media, or other forms of communication are pessimistic, and everyone is out to get them. The more we hear the negative, the more our thoughts focus on what is bad in our lives and in the world.

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It is time for Werner's 11th Annual MEALS THAT MATTER

Community Service Project

Let's come together to provide the means for a Thanksgiving meal for families in our own community!

In years past, we would collect actual food items and assemble full meal kits for families to prepare their own meals. This year, due to COVID concerns, we are collecting **MONETARY DONATIONS** only. We will distribute those funds via grocery gift cards to our families along with a frozen turkey provided by the Larimer County Food Bank.

Please consider donating any amount you can contribute by **CASH** or **CHECK** to the Werner Office by Wednesday, November 18th. Please write "Meals That Matter" on your check or envelope.

For questions, please contact PTA Community Service Chair

Tracee Carcasson

tracee_carcasson@hotmail.com or (970) 231-5197

If you feel like your family could benefit from Meals that Matter, please contact our school Counselor Julie Flemister at jflemist@psdschools.org

THANKS FOR GIVING!

Nov. 3, 2020

Dear PSD families,

We are paying close attention to developments regarding COVID-19 locally, as well as across the nation. Community risk data are headed in the wrong direction in Larimer County, as seen on [the health department's dash-board](#). On Monday night, the 14-day case rate surpassed more than 300 cases per 100,000, compared with 86 when we announced a shift in August back to remote education.

The ripple effects of community spread are putting a strain on our ability to maintain safe environments *and provide a continuity of education for all students. Families should be prepared that we may have to scale back in-person learning if these concerning community conditions do not improve.*

Monitoring county, PSD data

PSD staff continues to consult with Larimer County Department of Health and Environment (LCDHE) officials and have continued to affirm our plans to operate in Phase 3. They are also concerned about our county's current conditions.

If things continue as they are, we will release a plan to transition to remote learning, given the acceleration of the spread of COVID-19 in our community. This is not the direction we want to go because students do better – socially and emotionally – when they are in school.

This Saturday, the LCDHE reported 192 new cases of COVID-19, up from LCDHE's previous highest-day total of 90 cases two weekends ago. Between Oct. 5 and Nov. 2, PSD had recorded 61 cases of COVID-19 among its roughly 3,000 employees and 27,000 students (this does not include charter school data). More information is available on [PSD's COVID-19 School Status and Information](#) web page.

As we are made aware of cases, PSD staff consult with LCDHE about the appropriate response. Each case presents different factors. Responses can range from a determination of no possible exposure, to student and staff shifting to remote education for a case assessment while LCDHE and PSD staff identify close contacts, to close contacts quarantining once identified.

PSD, LCDHE response to cases

Like other districts, PSD has shifted dozens of students and staff with possible exposure to remote education during Initial Assessment Periods. These four-day periods cover the hours, and sometimes days it takes LCDHE and PSD response teams to identify close contacts. Although critical, shifting to remote for case assessment periods disrupts teaching and learning.

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LCDHE has two contact tracers assigned to PSD who are working nights and weekends to support PSD investigations. LCDHE can't feasibly devote its entire contact tracing efforts to PSD alone – nor should they have to. LCDHE is hiring 10 more contact tracers and we have been making internal adjustments to increase the district's capacity to investigate cases, but it will take time for all those resources to come online and lessen strains on both organizations.

LCDHE officials believe our protocols and quick shifts to remote education for investigations have helped minimize outbreaks. They say they are NOT seeing communitywide spread (from students to students, or staff to students) in schools across the county or at the state level. That said, our goal is to create a situation that is sustainable. Our current situation is not.

Keep NoCo Open: What you can do to maintain in-person education

With critical health protocols in place at schools, we are doing our best to keep students and staff safe. And as an institution funded by taxpayer dollars, it is our responsibility to educate students – regardless of the method.

Be part of the [Keep NoCo Open](#) campaign (Watch the [video](#))! We need you – the parents, staff, students and the community – to help us stay open by following the three W's: wear a mask, watch your distance and wash your hands. Monitor for symptoms in your family and stay home if you feel ill or are awaiting the results of a COVID-19 test. And if you are ill, follow the [PSD Return to Learn guidance](#). We need families to be upfront about their exposure, even if it is inconvenient to stay home.

More information about PSD's COVID-19 response, including protocols, meal distribution, mental health resources and more, is available through the [2020-21 School Year web page](#) and other resources on the PSD website, www.psdschools.org - click on the yellow "COVID" button.

We hope your families are healthy and well and will continue to communicate with our PSD community moving forward.

Sincerely,

Poudre School District



2020-2021 Poudre School District

Return to Learn

Protocols following critical, major or minor symptoms

When can staff, students return to work and school in PSD following a positive COVID-19 symptom screen?

Note: This guidance is NOT intended for cases or close contacts of COVID-19. A confirmed COVID-19 case or close contact should follow public health isolation or quarantine instructions for return to school/work.

The Colorado Department of Public Health and Environment recently released new guidance for K-12 schools to guide response to the COVID-19 pandemic. A group of nurses and PSD staff evaluated the new guidance, which is now in effect and outlines when staff and students can return to work and school. Please note that PSD's adopted guidance has been reviewed by the Larimer County Department of Health and Environment and is in some ways stricter than the state's guidelines. As a reminder: PSD staff and students are required to wear a mask on school grounds.

Critical Symptom: Loss of taste or smell



Critical Symptom Response:

Follow home isolation for **10 days** following symptom onset AND be **24 hours** fever free without use of fever-reducing meds before returning to school. COVID-19 test recommended.

Major Symptoms:

- | | | |
|-----------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|
| <ul style="list-style-type: none"> Feeling feverish, having chills, temperature of 100.4° F or greater | <ul style="list-style-type: none"> New or worsening cough | <ul style="list-style-type: none"> Shortness of breath or difficulty breathing |
|-----------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|



Major Symptom Response:

- If symptoms resolve within 24 hours of onset and stay resolved an additional 24 hours, return to school. (48 hours total)
- If symptoms DO NOT resolve within 24 hours, either:
 - Follow home isolation for 10 days following symptom onset AND 24 hours fever free without use of fever-reducing meds before returning to school.
 - Get a polymerase chain reaction, or PCR, COVID-19 test. If test is negative, return to school once symptom-free for 24 hours. If positive, follow home isolation for 10 days following symptom onset AND 24 hours fever free without use of fever-reducing meds before returning to school.

Minor Symptoms:

- | | | |
|---------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|
| <ul style="list-style-type: none">• Sore throat• Runny nose or congestion• Muscle or body aches | <ul style="list-style-type: none">• Headache• Fatigue | <ul style="list-style-type: none">• Nausea, vomiting• Diarrhea |
|---------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|

**Minor Symptom Response:**

1. If symptoms resolve within 24 hours of onset and stay resolved an additional 24 hours, return to school (48 hours total)
2. If symptoms resolve within 48 hours of onset and stay resolved an additional 24 hours, return to school (72 hours total)
3. If symptoms DO NOT resolve within 48 hours, either:
 - Follow home isolation for 10 days following symptom onset AND 24 hours fever free without use of fever-reducing meds before returning to school.
 - Get a polymerase chain reaction, or PCR, COVID-19 test. If test is negative, return to school once symptom-free for 24 hours. If positive, follow home isolation for 10 days following symptom onset AND 24 hours fever free without use of fever-reducing meds before returning to school.

The school nurse or PSD health staff will determine when a student is able to return to school.

School administrators, department leaders, or supervisors will communicate with staff about their return to work.

Sources: Larimer County Department of Health and Environment (LCDHE), Colorado Department of Public Health and Environment (CDPHE), Colorado Department of Education (CDE), Centers for Disease Control and Prevention (CDC).

Updated Oct 19, 2020

#WERNERSPIRIT

WERNER ELEMENTARY

NOVEMBER SPIRIT DAYS

FRI NOV 6

CRAZY SOCK DAY

WED 11- THURS 12

VOTE! WEAR STARS OR STRIPES

WED 18- THURS 19

CARES & SHARES CARDS FOR
THE FOOD BANK

MON 23- TUES 24

FOOTBALL FANDOM

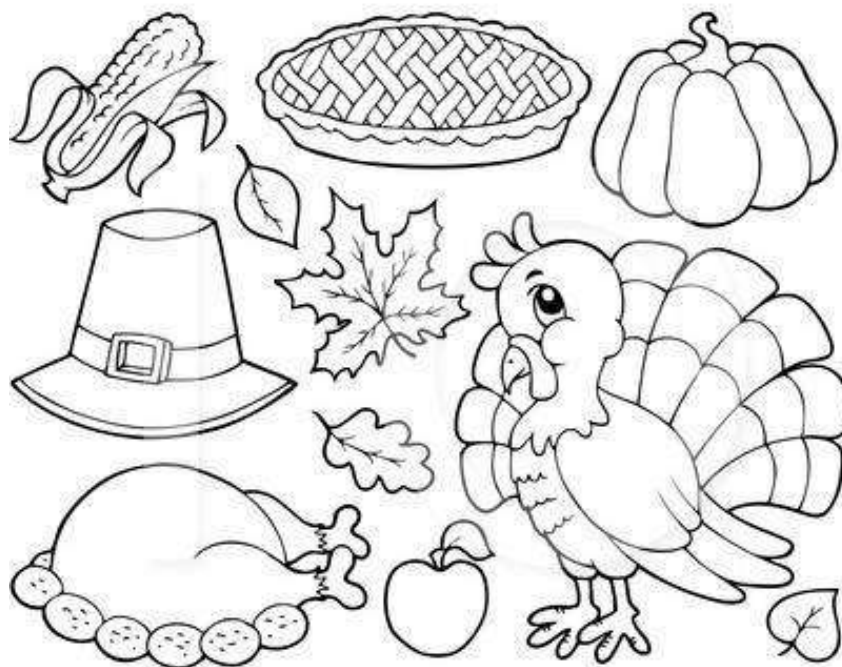




Werner Cares and Shares is a special tradition where we come together to make meaningful contributions to our community and give our children opportunities to experience the satisfaction of helping others. In the past we have hosted an evening full of hands-on projects and activities for families to do together. This year, instead, we will focus on one special group within our community each month and make handmade cards to express our gratitude and support.

The project is simple: We encourage you to use any materials you have at home to make a card. Notebook paper, construction paper, markers, tape, glue, scissors, etc. We will also have a stash of extra supplies in a box near Werner's front door that you are welcome to use. When you are done, you can bring your card to Werner (bring them to your class on in-person days or drop in the box by the front door) and we will collect them and deliver them for you to the group of the month.

For the month of NOVEMBER we will focus on wishing a Happy Thanksgiving to local families and individuals in need. We will distribute our cards through the Food Bank. Feel free to make one card or a whole stack! Please turn your cards in by Monday, November 23rd.





RP 29.5

REPORT to PARENTS

The Art of Giving

Schools across the country are getting children as young as kindergartners and preschoolers involved in service learning—a blend between community service and expanded instruction. Many service learning advocates feel that by helping others, children can learn responsibility, build character and citizenship, and discover the special joys of giving.

Clearly, with benefits like these, it's no wonder that more and more schools are making service learning part of the curriculum. But for it to really have an impact on children, it must be equally encouraged at home. Here are some ideas to try:

Start young. Encourage even the youngest children to look for ways to help others. There's almost always someone "littler" who needs a "big girl" or "big boy" to help or someone older who will, with a wink and a nod, be eager for a youngster to "help" them with a job.

Show that YOU care. Whether you can give an hour a day or an hour a month, let your children see you volunteer your time to help those in need. If you can, bring them along as extra hands and let them see the smiles on the faces of the people you're helping.

Go outside of your regular areas of interest. For many families, the core of their charitable involvement is their church, temple, or mosque. If that's the case in your household, look around for occasional ways that you can step in to help others as well. "Giving times two" can help children grow up to be even more dedicated to helping others.

Use the news, but in moderation. Many children respond enthusiastically but very emotionally to crises, like hurricanes and other

disasters. They hear about them on the news and feel the need to help. Talk with them about ways that they might be able to help—from making homemade cards for victims to participating in a charity drive.

Tap into their talents. Is your little one a budding chef? Encourage him to have a bake sale to help a local family who lost their home in a fire? Do you have an artist in residence? See if she will submit a "masterpiece" to a charity putting together a fundraising calendar. And anyone can help pick up litter, give love to pets in a shelter, or read to children who just need some extra attention.

Make it a family affair.

Everyone wins when the whole household gets involved in an effort to help others. Some families even make volunteering a part of their children's weekly allowance requirements.

Cast-offs can be a first step.

As your children outgrow toys, games, and clothes, make a big deal of how you're going to pass them on to others who need them—either younger relatives or charities, such as Goodwill or the Salvation Army. Encourage them to come with you when you drop the boxes off so they can hear the "thank you's" too.

Trade off. Invite your friends', relatives', or neighbors' children to join you when you're working on a project for others, and encourage them to ask your children along when they do service learning.

Service learning is not about accumulating hours that can be put on an application for college or a job. It's a commitment to helping your children learn how to make the world a better place.





RP 29.5

INFORME a los PADRES

El Arte de Dar

Cada vez más y más escuelas están comenzando la práctica de aprendizaje a través del servicio comunitario, con la participación de niños pequeños, desde en edad preescolar, hasta en edad del jardín de la infancia. El aprendizaje a través del servicio comunitario es una mezcla entre servicio comunitario y enseñanza. Muchas personas que apoyan este tipo de enseñanza creen que al ayudar al prójimo, los niños aprenden responsabilidad, fortaleza de carácter, civismo y descubren la satisfacción de la generosidad.

Con beneficios como estos, no es de extrañar que cada vez más escuelas estén haciendo que la práctica de servicio forme parte del currículo. Para que este aprendizaje realmente beneficie a los niños, debe ser igualmente apoyado en el hogar. Las siguientes son algunas ideas que usted puede poner en práctica:

Empiece desde pequeños. Aliente a sus hijos, incluyendo al más pequeño, a buscar maneras de ayudar a los demás. Siempre habrá un niño "más pequeño" que necesite un hermano o hermana mayor para que lo ayude. También puede ser un niño mayor que, necesita la ayuda de otro más pequeño para realizar un trabajo.

Muestre su interés. Aunque usted done únicamente una hora diaria o mensual, es importante que sus hijos vean que usted también presta servicios voluntarios para aquellos que necesitan ayuda. Si es posible, líveles con usted para que ayuden y aprecien las sonrisas de agradecimiento de las personas a las que ayudan.

Busque nuevas avenidas para prestar ayuda. Muchas familias acostumbran prestar servicios caritativos únicamente a la iglesia, templo o sinagoga. Si este es el caso de su familia, observe a su alrededor y preste ayuda cuando tenga la oportunidad. El ser generosa con su tiempo puede ayudar a sus niños a convertirse en personas realmente comprometidas a ayudar a los demás.

Utilice las noticias, con moderación. Muchos niños responden con entusiasmo pero emotivamente a

las crisis, tales como huracanes y otros desastres. Se enteran de estos eventos en las noticias y sienten la necesidad de ayudar. Converse con ellos sobre diferentes maneras de ayudar—desde hacer tarjetas para las víctimas hasta participar en un evento para recaudar fondos.

Apele a sus talentos. ¿Es su pequeño un chef de pasteles de lodo? Apoyelo para que lleve a cabo una venta de pasteles para ayudar a una familia en la localidad que haya perdido su casa en un incendio.

¿Tiene una artista en casa? Vea si ella puede hacer una "obra de arte" para un calendario de eventos para recaudar fondos de obras caritativas. Siempre se necesita voluntarios para recoger basura, cuidar animalitos en el resguardo, o simplemente leer a niños que necesitan atención.

Convértalo en un proyecto familiar. Todos se benefician cuando la familia entera se involucra en actividades para ayudar a los demás. Incluso, algunas familias consideran que el trabajo voluntario es un requisito para recibir dinero de bolsillo.

Donar puede ser el primer paso. A medida que sus hijos crecen y van

dejando atrás sus juguetes, juegos, o ropa, realce que estas cosas pueden ser donadas a personas que las necesitan—ya sea familiares o centros de caridad tales como "Goodwill" o "Salvation Army". Anímelos a que vayan con usted a dejar las cajas, para que a ellos también se les agradezca.

Haga intercambios. Invite a los niños de sus amigos, parientes o vecinos para que los acompañen cuando estén trabajando en un proyecto de beneficencia y sugiera que inviten a sus hijos cuando ellos estén haciendo un servicio.

El aprendizaje por medio del servicio comunitario no se trata solo de la acumulación de horas que pueden ser mencionadas en las solicitudes universitarias o de empleo. Es un compromiso para ayudar a que sus hijos aprendan cómo contribuir para que el mundo sea un lugar mejor para vivir.



November 2020

Werner In - Person
Breakfast

MONDAY

2

- Breakfast Round
- Whole Fruit, or Substitute
- Lowfat Milk

TUESDAY

3

- Egg & Cheese Sandwich
- Applesauce or Fruit Cup or Substitute
- Lowfat Milk

WEDNESDAY

4

- Egg & Cheese Sandwich
- Applesauce or Fruit Cup or Substitute
- Lowfat Milk

THURSDAY

5

- Pancake Sausage Wrap BIC
- Fresh Berries, or Substitute
- Lowfat Milk

FRIDAY

6

9

- Pancake Sausage Wrap BIC
- Whole Fruit, or Substitute
- Lowfat Milk

10

- Breakfast Round
- Whole Fruit, or Substitute
- Lowfat Milk

11

- Mini Cinnamon Rolls
- Applesauce or Fruit Cup or Substitute
- Lowfat Milk

12

- Mini Cinnamon Rolls
- Applesauce or Fruit Cup or Substitute
- Lowfat Milk

13

16

- Breakfast Round
- Whole Fruit, or Substitute
- Lowfat Milk

17

- Breakfast Sausage Pizza
- Applesauce or Fruit Cup or Substitute
- Lowfat Milk

18

- Breakfast Sausage Pizza
- Fresh Berries, or Substitute
- Lowfat Milk

19

- Pancake Sausage Wrap BIC
- Fresh Berries, or Substitute
- Lowfat Milk

20

23

- Pancake Sausage Wrap BIC
- Whole Fruit, or Substitute
- Lowfat Milk

24

- Breakfast Round
- Whole Fruit, or Substitute
- Lowfat Milk

25

26



27

30

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November 2020

Werner In - Person
Lunch

MONDAY

2

- Cheese Calzone & Marinara
- Turkey & Cheese Sandwich
- Applesauce & Fruit Cup or Substitute
- Carrots & Celery Sticks, or Substitute
- Chocolate Milk

TUESDAY

3

- Cheese Pizza
- Yogurt Parfait
- Fresh Berries, or Substitute
- Snap Peas & Red Bell Peppers, or Substitute
- Chocolate Milk

WEDNESDAY

4

- Chicken Nuggets
- Pb&J Sandwich
- Fresh Pear
- Cherry Tomatoes & Celery Sticks or Substitute
- Chocolate Milk

THURSDAY

5

- Cheeseburger
- Cold Deli Yogurt with Goldfish
- Grapes
- Salad with dressing
- Chocolate Milk

FRIDAY

6

9

- Cheese Ravioli & Goldfish Crackers
- Ham & Cheese Sandwich
- Grapes
- Snap Peas & Red Bell Peppers, or Substitute
- Chocolate Milk

10

- Pepperoni Pizza
- Yogurt Parfait
- Applesauce & Fruit Cup or Substitute
- Carrots & Celery Sticks, or Substitute
- Chocolate Milk

11

- Beef & Bean Burrito
- Ham & Cheese Sandwich
- Fresh Berries or Substitute
- Fresh Broccoli, or Substitute
- Chocolate Milk

12

- Mac & Cheese
- Pb&J Sandwich
- Fresh Pear
- Cherry Tomatoes & Cucumber Slices or Substitute
- Chocolate Milk

13

16

- Cheese Pizza
- Pb&J Sandwich
- Fresh Berries, or Substitute
- Carrots & Celery Sticks, or Substitute
- Chocolate Milk

17

- Cheese Calzone & Marinara
- Turkey & Cheese Sandwich
- Whole Fruit, or Substitute
- Snap Peas & Red Bell Peppers, or Substitute
- Chocolate Milk

18

- Cheeseburger
- Yogurt Parfait
- Fresh Pear
- Cherry Tomatoes & Cucumber Slices or Substitute
- Chocolate Milk

19

- Chicken Strips & Goldfish
- Turkey & Cheese Sandwich
- Grapes
- Salad with dressing
- Chocolate Milk

20

23

- Pepperoni Pizza
- Cold Deli Yogurt & Goldfish
- Grapes
- Snap Peas & Red Bell Peppers, or Substitute
- Chocolate Milk

24

- Cheese Ravioli & Goldfish Crackers
- Ham & Cheese Sandwich
- Applesauce & Fruit Cup or Substitute
- Carrots & Cucumbers Slices, or Substitute
- Chocolate Milk

25

- No School Today

26



27

- No School Today

30

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