



# Wildcats Newsletter

**November 2021**

5400 Mail Creek Lane  
Fort Collins, CO 80525

**Principal**  
Hayden Camp

**Assistant Principal**  
John Passantino

**Office**  
488-5550

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488-5551

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[www.wer.psdschools.org](http://www.wer.psdschools.org)

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WERNER ELEMENTARY PTA



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## *It's a note from the principal ...*

Dear Werner Community,

We have enjoyed a beautiful fall so far and it seems as though winter is knocking on the door! I want to say "Thank You" for your participation with Parent/Teacher conferences and with your generous giving to Werner Direct Donation Drive. Our community raised over \$11,445 to help support our school. Also, thank you for your support with food or money donations for the Cans Around the Oval. We had 25 large boxes (577 pounds) of food donated to support the Larimer County Food Bank. This month, we continue our spirit of giving with Meals that Matter and Turkey Roundup. Stay tuned for more details to come on that.

Here are some updates for you this month:

- **No School, November 8-** This is a friendly reminder that K-12 students will not have school on this day. Staff will be participating in professional development and planning.
- **Meals That Matter-** Please consider giving to support our local families in need of a Thanksgiving meal. More details are in the flyer in this newsletter.

*continued on next page*

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**November  
2021**

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these great companies!

## Note From The Principal

*continued*

- **Turkey Roundup-** This year, we are also bringing back the Turkey Roundup. Please consider donating a frozen turkey or plant-based alternative to the Larimer County Food Bank. Bring your turkey on Thursday, Nov. 18 at morning drop-off.
- **Thanksgiving Break, November 24-26-** Students and staff will be off to celebrate Thanksgiving.
- **Book Fair, December 1-3-** Stay tuned for details to come about our in-person Scholastic Book Fair.

Have a great November and Thanksgiving holiday Werner Community!

Sincerely,

*Hayden*

## PTA November Newsletter Updates

### Meals That Matter

Let's come together to provide the means for a Thanksgiving meal for families in our own community!

In years past, we would collect actual food items and assemble full meal kits for families to prepare their own meals. This year, due to COVID precautions, we are again collecting MONETARY DONATIONS only. We will distribute those funds via grocery gift cards to our families along with a frozen turkey provided by the Larimer County Food Bank.

Please consider donating any amount you can contribute by CASH or CHECK to the Werner Office by Monday November 15th, 2021. Please write "Meals That Matter" on your check or envelope. For questions, please contact Kathy Green at 970-631-2688.

*continued on next page*



## TIME WELL SPENT

Your child's Well Care Visits  
help us address the following:



Diet & Nutrition



Chronic Health Issues



Parental Concerns



Growth, Development & More



**Click Here to Self-Schedule Your Child's Well Care Visit Today!**

# November 2021



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## PTA November Newsletter Updates *continued*

If you feel like your family could benefit from Meals that Matter, please contact our School Counselor, Julie Flemister at [jflemist@psdschools.org](mailto:jflemist@psdschools.org).

### Parent's Night Out

November 18 | Board & Brush | 6 – 9 p.m.

The Werner PTA is hosting our first Parent's Night Out of the year! YAY! We'll be painting a wooden sign at Board & Brush. You can pick a project from the selection when you click the registration link below. PTA will provide snacks, and beer & wine are available for purchase for \$6 each.

Here is a link for everyone to register:

<https://boardandbrush.com/.../werner-pta-379-11-18-2021.../>

Access Code: WERNER

You must register by November 15th.

Contact Chelsea [PTAWernerElementary@gmail.com](mailto:PTAWernerElementary@gmail.com) with any questions.

We hope to see you there!

### Upcoming General Meeting

Tuesday, November 9 | 3:30 pm | Werner Elementary

### November Book Club

November's Book is *"Apples Never Fall"* by Liane Moriarty. Register to join us [here](#).

Book Club Meeting | Saturday, December 4<sup>th</sup> | 9:30 – 11 a.m. | Location TBD

From Liane Moriarty, the #1 *New York Times* bestselling author of *Big Little Lies* and *Nine Perfect Strangers*, comes *Apples Never Fall*, a novel that looks at marriage, siblings, and how the people we love the most can hurt us the deepest.

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# November 2021



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Check out the Werner calendar at <https://wer.pedschools.org/calendar> for updated information throughout the month as event times and/or dates can change.

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## PTA November Newsletter Updates *continued*

### October Book Club Meeting

November 4 | 6 – 7:30 p.m. | PTA Board Members Home

Meeting information will be sent to all who registered for this month's Book Club. This month's book is *"Trauma Proofing Your Kids", A Parents' Guide for Instilling Confidence, Joy and Resilience*, by Peter A. Levine and Maggie Kline.

### DEI Committee: Diversity, Equity, and Inclusion

Thank you to those of you who have signed up. We look forward to creating the most engaging and supportive community here at Werner. The purpose of this committee is to ensure that every student and family feels, seen, heard, safe, and welcome in the community. First meeting information will be sent soon to those who are registered.

### PTA Spirit Wear

Werner PTA has designed some [Grownup Tees and Coffee Mugs](#) for purchase to show your PTA spirit!

Follow us on [Facebook](#) to stay engaged with School Events and see what the PTA is up to at the school.

Join Us! We have a couple positions open this year on the PTA Board listed along with other volunteer opportunities on this [signup page](#).

Thank you for supporting the Werner Elementary PTA!

PTA President | *Anjani Rogenski*

PTA Vice President | *Nicole Kidd*

PTA Treasurer | *Patti Haswell*

PTA Secretary | *Chelsea Padgett*

PTA VP of Community | *Cloie Heffern*

PTA Board member | *Juliana Schump*

*There Is No Wrong Way To PTA. How Do You PTA?*

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# November 2021

## READY FOR THE CLASSROOM?



The library supports literacy and learning with books and databases on topics that pique your child's interest!



[www.poudrelibraries.org](http://www.poudrelibraries.org)

## Counseling Corner

November 2021

It is already that time of year for giving, and Werner wants to make sure all families have needed food and essentials. If you would like to give to Meals that Matter, please send a check, cash, or gift card with your student on or before November 12<sup>th</sup>. We will attach the monetary gift to a Turkey to give to families the week of November 15<sup>th</sup>. Please do not feel obligated and if your family is in need, please contact Julie Flemister ([jflemist@psdschools.org](mailto:jflemist@psdschools.org)) or Jenny Whetsell ([jwhetsel@psdschools.org](mailto:jwhetsel@psdschools.org)). Everything is confidential and we are internally grateful for all the donations. Please note, we will be asking again for monetary or gift card donations again in December for the Werner Giving Tree.

Kindergarten is learning about RESILIENCY and how to keep calm even during difficult times. First and second graders are learning how to calm their brains when they are upset, and the 3 parts of the brain related to feelings. Please talk to your student(s) about how you calm your brain when you are feeling frustrated or sad. We talk about the more you practice calming your brain, the faster we can solve problems, learn, and build better friendships.

Third grade is continuing with Conflict Resolution and what to do with a conflict. We have been exploring how conflict is normal and how it can be healthy. We also have had many discussions about the difference between normal peer conflict and bullying. Fourth graders are building skills on how to deal with conflict, build resiliency and keeping our brain calm during these times. Fifth grades are learning about bully-proofing and conflict resolution. Please ask your 5<sup>th</sup> grade about tools for stopping mean people or bullies.

November is a time to give thanks and I rely a lot on Love and Logic for home and work for their thankful wisdom. The following was taken from an email from Dr. Charles Fay.

### ***How Can We Teach Our Kids Selflessness?***

*In honor of the self-sacrifice of veterans and their families, it seems appropriate to consider how we can instill these values in our children. When we do, they benefit and so does our world. It's a win-win deal!*

### ***Teach them to serve you and their family***

*Are your kids working hard to serve you... or are you doing all of the work? Children should not be treated as slaves. They should, however, be expected to do their fair share of work around the house... so they don't believe their parents are slaves.*

### ***Expect tangible mini acts of service***

*There's a "train" at Denver International Airport that shuttles passengers from the main terminal to the various airline concourses. It's almost always the same scene: The seats are filled with children, teens, and young adults, while older... even elderly people... are forced to stand.*

*Is there something wrong with this picture?*

# November 2021



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and diversity without  
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## Counseling Corner

***continued***

### ***Allow boredom***

*Too many of us feel compelled to entertain our kids anytime they experience a bit of dullness. Can you see the connection between doing so and them believing they are the center of the universe? Is it good for kids to be occasionally bored while you shop, while you have a conversation with someone, while you wait in line, or while you spend a quiet weekend at home?*

### ***Limit exposure to popular media***

*A steady, unsupervised diet of on-screen narcissism and negativity is certain to make our job of raising selfless kids much harder.*

### ***Community service... as a privilege not a punishment***

*Great parents occasionally say things like, "This is great! Today we get to go over to the nursing home on Elm Street and read to seniors who can't see well enough to read for themselves." Or they say, "The park is trashed. It's going to feel so good to help out by cleaning it up!"*

*Great parents also ignore complaining and eye-rolling as they load the family into the car. Just like most things that are good for them, kids often need a bit of prodding to realize how good it feels to help. A friend of mine commented, "They hated it at first. Now they love it. It's become a real family bonding opportunity."*

*In honor of our veterans and their families, can we give some careful thought to how we might raise young people who understand selflessness... and the fact that the best way to feel good about oneself is to serve?*

*Dr. Charles Fay*

## Wildcat Art with Mrs. Siemers

Kindergarten artists have been learning all about famous artist, Henri Rousseau and his amazing jungle paintings. Kindergarteners learned that he was told by art critics that his art was bad, but that he ignored them and never gave up. Now his paintings hang in museums all over the world. The kindergarteners have been using oil pastel and printmaking techniques to create their own jungle paintings.



First Grade artists have been having fun working on their ring-tailed lemur drawings. First graders learned all about these awesome animals, while blending oil pastels to create the look of fur and mixing analogous colors (colors that live right next-door to one another on the color wheel) in the background for a pop of color.

Second Grade artists have been creating beautiful armadillo paintings, inspired by the colorful wood carved animal sculptures made in Oaxaca, Mexico. We learned that carving and painting these sculptures is a family affair; the men and boys do the lifelike carving while the women and daughters do the fanciful painting. Our armadillo paintings were painted in acrylic and tempera paints and topped off with oil pastel patterns.

Third Grade artists have been having fun and working hard on their mixed-media dancing giraffe project. After reading the rollicking book, *Giraffes Can't Dance*, by *Giles Andreae*, third graders observed photographs of giraffes and drew them realistically. With that, they had all they needed to draw a dancing giraffe, which they painted in watercolors. Night skies with glowing moons were painted and finished off with oil pastel background details.

Fourth Grade artists have been creating owl paintings on book pages from an old, damaged book. These hard workers have drawn both realistic & artsy owls, transferred their artwork to book pages, added contrasting patterns, and used watercolor pencils for a colorful finish.

Fifth grade artists have been creating beautiful aspen tree paintings! They used cut-up gift cards to scrape black acrylic paint across the paper for a realistic aspen trunk look, sponges and tempera paint for leaves, and watercolors for the background.



## Halloween Parade



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## Halloween Parade



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## Halloween Parade



## Meals That Matter

# It is time for Werner's 12th Annual MEALS THAT MATTER Community Service Project

Let's come together to provide the means for a Thanksgiving meal  
for families in our own community!

In years past, we would collect actual food items and assemble full meal kits for families to prepare their own meals. This year, due to COVID precautions, we are again collecting MONETARY DONATIONS only. We will distribute those funds via grocery gift cards to our families along with a frozen turkey provided by the Larimer County Food Bank.

Please consider donating any amount you can contribute by CASH or CHECK to the Werner Office by Friday November 12th, 2021.  
Please write "Meals That Matter" on your check or envelope.

For questions, please contact Kathy Green at (970) 631-2688.

*If you feel like your family could benefit from Meals that Matter,  
please contact our School Counselor Julie Flemister at  
[jflemist@psdschools.org](mailto:jflemist@psdschools.org)*

## THANKS FOR GIVING!

Please note we will be asking again for monetary or gift card donations again in December for the Werner Giving Tree.



# It's A Turkey Round Up!



## Thursday, November 18, 2021

Each year the Food Bank provides services to nearly 40,000 residents of Larimer County and many of them are PSD students. More than 2,500 turkeys are needed this fall season.

Please consider donating a frozen turkey or plant-based alternative for our families.



**WHAT:** Bring your **FROZEN turkeys** to school

**WHEN:** Nov. 18, before school from 7:45 to 8:45

**WHERE:** Our school's *Turkey Wrangler* will meet you by the Werner Elementary sign at the front of the building.

**WHY:** To help our PSD families and community members share a meal this year.



Prefer to give a [monetary donation](#) to the Food Bank for Larimer County? You can also bring cash or check to our collection site and it will be counted toward our school total.

**Our school's Turkey Wrangler is Mr. Passantino**

**Our Wrangler will take your donated turkey or plant-based alternative and deliver it to the Food Bank drop-off location. Thank you!**



POUDRE RIVER DISTRICT

# Apply to Substitute in PSD!

Are you interested in gaining valuable work experience? Would you like a flexible schedule and the opportunity to make a difference?

Have you considered working for Poudre School District as a substitute?

We want to meet you!



For more information, pay scales and an application link, visit:  
<https://www.psdschools.org/careers/substitute-teachers>

Once your application has been processed, you will be invited to sign up for an orientation.



Questions? Contact  
[subs@psdschools.org](mailto:subs@psdschools.org)



POUDRE SCHOOL DISTRICT



## 2021-22 PSD Return to Learn/Work after Major or Minor Illness Symptoms



*Note: This guidance is NOT intended for cases or close contacts of COVID-19. A confirmed COVID-19 case or close contact should follow public health isolation or quarantine instructions for return to school/work.*

### Major Symptoms:

- |   |  |   |
|---|--|---|
| <ul style="list-style-type: none"> <li>Feeling feverish, having chills, temperature of 100.4° F or greater</li> </ul> | <ul style="list-style-type: none"> <li>New or worsening cough</li> <li>Loss of taste or smell</li> </ul> | <ul style="list-style-type: none"> <li>Shortness of breath or difficulty breathing</li> </ul> |
|---|--|---|



### Major Symptom Response:

- If symptoms resolve within 24 hours of onset follow regular return to school illness policies if all symptoms have resolved or are improving. **(Must have no fever, vomiting or diarrhea in last 24 hours).**
- If symptoms DO NOT resolve within 24 hours, either:
  - Follow home isolation for 10 days following symptom onset AND 24 hours fever free without use of fever-reducing meds before returning to school.
  - Get a PCR or molecular COVID-19 test.
    - If the test is negative, return to school once symptoms have resolved or are improving.
    - If positive, follow home isolation for 10 days following symptoms onset AND 24 hours fever free without use of fever-reducing meds before returning to school.

### Minor Symptoms:

- |   |   |  |
|---|---|--|
| <ul style="list-style-type: none"> <li>Sore throat</li> <li>Runny nose or congestion</li> <li>Muscle or body aches</li> </ul> | <ul style="list-style-type: none"> <li>Headache</li> <li>Fatigue</li> </ul> | <ul style="list-style-type: none"> <li>Nausea, vomiting</li> <li>Diarrhea</li> </ul> |
|---|---|--|



### Minor Symptom Response:

- If symptoms resolve within 24 hours of onset, follow regular return to school illness policies if all symptoms have resolved or are improving. **(Must have no fever, vomiting or diarrhea in last 24 hours).**
- If symptoms are mild only and resolve within 48 hours of onset, follow regular return to school illness policies if all symptoms have resolved or are improving. **(Must have no fever, vomiting or diarrhea in last 24 hours).**
- If symptoms DO NOT resolve within 48 hours, either:
  - Follow home isolation for 10 days following symptom onset AND 24 hours fever free without use of fever-reducing meds before returning to school.
  - Get a PCR or molecular COVID-19 test.
    - If the test is negative, return to school once symptoms are resolved or are improving.
    - If positive, follow home isolation for 10 days following symptoms onset AND 24 hours fever free without use of fever-reducing meds before returning to school.

The School Nurse or PSD health staff will determine when a student is able to return to school. School administrators, department leaders, or supervisors will communicate with staff about their return to work.

*Sources: Larimer County Department of Health and Environment (LCDHE), Colorado Department of Public Health and Environment (CDPHE), Colorado Department of Education (CDE), Centers for Disease Control and Prevention (CDC). Updated September 2021.*



## November 2021

Werner Elementary

Breakfast

## MONDAY

1

- WGR Pumpkin Bread or Seasonal Loaf Bread
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk: fat free, 1%
- Assorted Juice

## TUESDAY

2

- Breakfast Round
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk: fat free, 1%
- Assorted Juice

## WEDNESDAY

3

- Whole Grain Cinnamon French Toast
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk: fat free, 1%
- Assorted Juice

## THURSDAY

4

- Cinnamon Toast Crunch Soft Filled Bar
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk: fat free, 1%
- Assorted Juice

## FRIDAY

5

- Mini Pancakes
- Cheese Variety, or Substitute
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk: fat free, 1%
- Assorted Juice

8



9

- Breakfast Sausage Pizza
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

10

- Cinnamon Toast Crunch Soft Filled Bar
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

11

- Breakfast Round
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

12

- WW Bagel & cream cheese
- Yogurt
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

15

- WGR Pumpkin Bread or Seasonal Loaf Bread
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk: fat free, 1%
- Assorted Juice

16

- Whole Grain Cinnamon French Toast
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk: fat free, 1%
- Assorted Juice

17

- Breakfast Sausage Pizza
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk: fat free, 1%
- Assorted Juice

18

- Breakfast Round
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk: fat free, 1%
- Assorted Juice

19

- Mini Cinnamon Rolls
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk: fat free, 1%
- Assorted Juice

22

- WGR Pumpkin Bread or Seasonal Loaf Bread
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk: fat free, 1%
- Assorted Juice

23

- Cinnamon Toast Crunch Soft Filled Bar
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk: fat free, 1%
- Assorted Juice

24



25



26



29

30

## November 2021

## Werner Elementary

## Lunch

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

**1**

- Hamburger & Cheeseburger
- Cold Deli Yogurt with Granola
- Pb&J Sandwich
- Fresh Snap Peas, or Substitute
- Whole Fruit, or Substitute
- Grapes, or Substitute
- Milk Variety
- Assorted Condiments

**2**

- Mac & Cheese
- Turkey & Cheese Sandwich
- Pb&J Sandwich
- Fresh Carrots
- Whole Fruit, or Substitute
- Applesauce or Fruit Cup or Substitute
- Milk Variety
- Assorted Condiments

**3**

- Chicken Patty Sandwich
- Chef Salad with Goldfish Crackers
- Pb&J Sandwich
- Salad with dressing
- Whole Fruit, or Substitute
- Fresh Strawberries, or Substitute
- Milk Variety
- Assorted Condiments

**4**

- Beef & Bean Burrito
- Turkey & Cheese Sandwich
- Pb&J Sandwich
- Fresh Cherry Tomatoes or Substitute
- Whole Fruit, or Substitute
- Watermelon or Substitute
- Milk Variety
- Assorted Condiments

**5**

- Cheese Pizza
- Cold Deli Yogurt with Granola
- Pb&J Sandwich
- Fresh Cucumber Slice or Substitute
- Whole Fruit, or Substitute
- Fresh Pear
- Milk Variety
- Assorted Condiments

**8****9**

- Cheese Calzone & Marinara
- Ham & Cheese Sandwich
- Pb&J Sandwich with Pretzels or Goldfish
- Bell Peppers, or Substitute
- Whole Fruit, or Substitute
- Orange Wedges
- Milk Variety
- Assorted Condiments

**10**

- Asian Meatballs & Rice
- Cold Deli Yogurt with Granola
- Pb&J Sandwich with Pretzels or Goldfish
- Fresh Cucumber Slice or Substitute
- Whole Fruit, or Substitute
- Fresh Kiwi, or Substitute
- Milk Variety
- Assorted Condiments

**11**

- Chicken Burrito
- Ham & Cheese Sandwich
- Pb&J Sandwich with Pretzels or Goldfish
- Salad with dressing
- Whole Fruit, or Substitute
- Fresh Cantaloupe, or Substitute
- Milk Variety
- Assorted Condiments

**12**

- Pepperoni Pizza
- Hummus & Veggie Box
- Pb&J Sandwich with Pretzels or Goldfish
- Fresh Cherry Tomatoes or Substitute
- Whole Fruit, or Substitute
- Cuties, or Substitute
- Milk Variety
- Assorted Condiments

**15**

- Chicken Nuggets
- Cold Deli Yogurt with Granola
- Pb&J Sandwich
- Fresh Snap Peas, or Substitute
- Whole Fruit, or Substitute
- Grapes, or Substitute
- Milk Variety
- Assorted Condiments

**16**

- Cheese Ravioli & Goldfish Crackers
- Turkey & Cheese Sandwich
- Pb&J Sandwich
- Fresh Carrots
- Whole Fruit, or Substitute
- Applesauce or Fruit Cup or Substitute
- Milk Variety
- Assorted Condiments

**17**

- Chicken Patty Sandwich
- Chicken Caesar Wrap
- Pb&J Sandwich
- Salad with dressing
- Whole Fruit, or Substitute
- Fresh Raspberries or Substitute
- Milk Variety
- Assorted Condiments

**18**

- Beef & Bean Burrito
- Turkey & Cheese Sandwich
- Pb&J Sandwich
- Fresh Cherry Tomatoes or Substitute
- Whole Fruit, or Substitute
- Watermelon or Substitute
- Milk Variety
- Assorted Condiments

**19**

- Cheese Pizza
- Cold Deli Yogurt with Granola
- Pb&J Sandwich
- Fresh Cucumber Slice or Substitute
- Whole Fruit, or Substitute
- Fresh Pear
- Milk Variety
- Assorted Condiments

**22**

- Hamburger & Cheeseburger
- Cold Deli Yogurt with Granola
- Pb&J Sandwich with Pretzels or Goldfish
- Fresh Celery Sticks, or Substitute
- Whole Fruit, or Substitute
- Fresh Blackberries or Substitute
- Milk Variety
- Assorted Condiments

**23**

- Cheese Calzone & Marinara
- Yogurt Parfait
- Pb&J Sandwich with Pretzels or Goldfish
- Bell Peppers, or Substitute
- Whole Fruit, or Substitute
- Orange Wedges
- Milk Variety
- Assorted Condiments

**24****25****26****29****30**