



Wildcats Newsletter

March 2022

5400 Mail Creek Lane
Fort Collins, CO 80525

Principal
Hayden Camp

Assistant Principal
John Passantino

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www.wer.psdschools.org

Page 1

WERNER ELEMENTARY PTA



Find us on
Facebook



It's a note from the principal ...

Dear Werner Community,

It feels as though things have improved dramatically in the last few weeks with regards to the COVID-19 cases and the mask changes. Despite things improving, we continue to appreciate your support and response to help ensure that we are doing our best to help mitigate and prevent further spread. You can continue to stay up-to-date with [COVID-19 protocols](#) on the PSD website.

As we enter March, we are heading into the last quarter of the year. We are working on plans for the upcoming school year and things are coming together well. Thank you to those that shared input on our budget priorities for next year. You will see communication, soon, regarding the Class Input Process for next year. This optional process is your opportunity to share your child's needs as we begin to place students in classrooms for next year.

continued on next page



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March 2022



Page 2

Note From The Principal

continued

Here is what is coming up this month:

- March 1-31-Werner Reading Challenge
- March 3- Science Fair projects due
- March 4-Science Fair Open House (Last Name A-M- 5:00-5:45; N-Z 5:45-6:30)
- March 9-Battle of the Books—4th grade only (6:00-7:30 pm)
- March 14-18- Spring Break
- March 24-Class Picture Day
- March 31- 1st/2nd Grade Music Program (5:30-6:30 pm); 3rd/4th Grade Music Program (6:30 pm-7:30 pm)

Have a great March and stay safe!

Best regards,

Hayden

Werner's Inclusion Day

March 31st during the school day

Students will have an opportunity to sign an inclusion banner during their lunch period.

We encourage you to purchase shirts through this link to wear on inclusion day:

https://willpromo.com/soco_ucs/shop/home

We will be providing shirts for the students in the ILS program.



It's Elemental



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**March
2022**



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City of
Fort Collins

Counseling Corner

March 2022

Every grade learns about normal peer conflict and what is a bully. We discuss that not every mean person is a bully. Kindergarten focuses more on how to be a good friend. I want students to understand the difference and know that they have the power to help themselves and each other. Students learn about bystanders and how to become an upstander.

Please ask your student(s) about what they are learning in counseling when I go into the classroom to teach.

1st and 2nd Grade are learning these tools:

Tools for Dealing with Mean People and Bullies:

1. **Stand up for yourself. Tell the person to "Stop!"**
2. **Walk away and ignore. Get away from the person who is not being kind.**
3. **Say good things to yourself. Don't believe the negative.**
4. **Get help if it does not stop.**

I also developed tools for students in 3rd – 5th to use when they feel or see someone else being bullied or having conflict with another person. Please ask your student(s) about the tools and what they have learned from the bully-proofing lessons. It spells out **Everyone HAS A ROAR**.

continued on next page

Page 3



SPRING FOOTBALL

Colorado

Questions? Reach out to davidjohnson@gridironfb.com



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to Late May**
Ages 6-17

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**March
2022**

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Joe Mivshek

970.420.7163

joe.mivshek@km.com



kW KELLERWILLIAMS, REALTY
NORTHERN COLORADO

Check out the Werner
calendar at [https://
wer.pedschools.org/calendar](https://wer.pedschools.org/calendar)
for updated information
throughout the month as
event times and/or dates can
change.

Page 4

Counseling Corner

continued

WHAT I CAN DO IF I OR SOMEONE ELSE IS BEING BULLIED OR BEING MEAN:

EVERYONE is included

HELP (FIND A TRUSTING ADULT)

ASSERT YOURSELF ("STOP!")

SELF TALK (POSITIVE THINGS TO SELF)

AVOID (STAY AWAY FROM THE BULLY)

RESPECT (Be respectful to others & property)

OWN MY BEHAVIOR (What was my role?)

ATTITUDE THAT IS POSITIVE (People choose positive people)

RESPONSIBILITY (Responsible to be a positive role model)

Please talk with your child about Cyberbullying. 3rd, 4th, and 5th grade students will be taught the following if cyberbullied:

Do NOT respond.

Do NOT delete (may need proof for an adult to see). The adult can then decide to delete it or not.

Do not keep it to yourself! Tell a trusting adult.

Do NOT believe what the bully says.

We talk a lot about how to build empathy and acceptance, so we have fewer mean people, bullies, and bystanders. I also refer to Love and Logic as a parent and as a counselor. The following tool is taken from their email resources to help your student if they are being bullied. Please visit the Love and Logic website for further information about helping our children build life skills.

continued on next page

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Joe Mivshek 970-420-7163 | SchoolNewsletterCompany@gmail.com



Counseling Corner

continued

Bullying: When Your Child is the Target

Listen

I can't imagine how bad this must feel for you.



Empathize... don't try to fix it.

Help them feel strong

What do you think you might try?

Get their perspective.



Get them thinking about solutions



Some kids decide to...

- ... Act calm and joke with the bully,
"Thanks for noticing."*
- ... Slowly move near an adult or friend
without saying anything.*
- ... Feel empathy for the bully instead
of taking what they say personal.*
- ... Confront the bully by saying,
"Stop it! That's bullying!"*
- ... Report it to a teacher or other adult.*

What solution will work best for you?

Rescue or protect... but...



... do this only when absolutely necessary.

Bullying...

Teach your kids to be victors... not victims.

PTA News

March Newsletter

International Night

The PTA is excited to host our first ever International Night in the Spring. We are looking for volunteers to share their love of their culture with our community. We'll also be looking for volunteers to assist in the organization and hosting of the event. If you are interested in more details on how you can get involved, please reach out to us at ptawernerelementary@gmail.com.

Upcoming General Meeting Screenagers Movie Event

Thursday, April 14 | 4:30 pm | Gymnasium

PTA Spirit Wear

Make great Holiday gifts for Teacher's and Parent's Werner PTA has designed some [Grownup Tees and Coffee Mugs](#) for purchase to show your PTA spirit!

Follow us on [Facebook](#) to stay engaged with School Events and see what the PTA is up to at the school.

Join Us! We have a couple positions open this year on the PTA Board listed along with other volunteer opportunities on this [signup page](#).

Thank you for supporting the Werner Elementary PTA!

PTA President | *Anjani Rogenski*

PTA Vice President | *Nicole Kidd*

PTA Treasurer | *Patti Haswell*

PTA Secretary | *Chelsea Padgett*

PTA Board member | *Juliana Schump*

There Is No Wrong Way To PTA. How Do You PTA?

THURSDAY APRIL 14TH

SCREEN AGERS **NEXT**
CHAPTER

UNCOVERING SKILLS FOR STRESS RESILIENCE

**EXCLUSIVE SCREENING EVENT
AT WERNER ELEMENTARY SCHOOL**

FOR PARENTS AND TEENS
RECOMMENDED AGES 10 AND UP

4:30-6:30 Discussion and Film
\$5 Per Family



Brought to you by the
Werner Elementary 

SCREENAGERS NEXT CHAPTER

UNCOVERING SKILLS FOR STRESS RESILIENCE

**WERNER ELEMENTARY SCHOOL
THURS, APRIL 14
DISCUSSION WITH FCPD @ 4:30
MOVIE 5-6:30**

High stress, Anxiety and Depression are experienced by millions of young people. We follow physician and film maker, Delaney Ruston, as she discovers solutions for improved adolescent well-being in the digital age.

SCREENAGERSMOVIE.COM

"I found it to be
VERY POWERFUL
and VALIDATING
for both teens
and parents."
Louise Kirkhope,
Social Worker

Really captures the
struggles we see
parents and students
having across the
board. I appreciated
the "hope"
parents/kids felt at
the end."
Renee Burnett,
Teacher, NY

"I can't imagine what
school counsellor
would not be eager to
share this with their
families."
Nell Branco, School
Counselor

"Amazing
documentary... very
relevant for parents,
teachers and students.
Many parents left
asking when we were
going to show it again
because they wanted
to bring their friends."
John H., Vice Principal,
Elk Grove



Come one! Come all, to Werner Elementary's
1st and 2nd Grade Music Program

Down the Peaceful River

Folk Songs by 1st and 2nd Grade



When: Thursday, March 31st @ 5:30 PM

Where: Timberline Church Main Auditorium
2908 S Timberline Rd
Fort Collins, CO 80525

Information:

- All 1st and 2nd grade students will need to arrive at Timberline Church by 4:45 the night of the performance.
- Costume theme is **Western Wear**. Students can wear costumes such as:
 - Jeans, flannel, overalls, boots, bandanas, etc.
 - Please no cowboy and cowgirl hats as they will block the students behind the hat on the risers.
- Students should wear their costume to the performance.
- Additional student roles will be announced in the upcoming weeks.
- 3rd and 4th grades program will follow at 6:30.
- If you have any questions, please contact Mr. Krueger at 970-488-5581 or codyk@psdschools.org



Come one! Come all, to Werner Elementary's
3rd and 4th Grade Music Program

A World of Celebrations



When: Thursday, March 31st @ 6:30 PM

Where: Timberline Church Main Auditorium
2908 S Timberline Rd
Fort Collins, CO 80525

Information:

- All 3rd and 4th grade students will need to arrive at Timberline Church by 5:45 the night of the performance.
- Costume theme is **Olympic Colors**. Students should dress in the color theme of their class. Please no graphic T-Shirts or large logos.
 - Dr. D - White
 - Cassell - Blue
 - Putman - Yellow
 - Organ - Black
 - Braaten - Green
 - Ufer - Red
 - Spencer - White
- Students should wear their costume to the performance.
- Additional student roles will be announced in the upcoming weeks.
- 1st and 2nd grades program will be the same night at 5:30.
- If you have any questions, please contact Mr. Krueger at 970-488-5581 or codyk@psdschools.org



March 2022

Werner Elementary



Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
	<ul style="list-style-type: none"> • Breakfast Round • Assorted Muffins • Assorted Cereal • Assortment of Fruit • Milk: fat free, 1% • Assorted Juice 	<ul style="list-style-type: none"> • Whole Grain Cinnamon French Toast • Assorted Muffins • Assorted Cereal • Assortment of Fruit • Milk: fat free, 1% • Assorted Juice 	<ul style="list-style-type: none"> • Cinnamon Toast Crunch Soft Filled Bar • Assorted Muffins • Assorted Cereal • Assortment of Fruit • Milk: fat free, 1% • Assorted Juice 	<ul style="list-style-type: none"> • Whole Grain Waffle, Chocolate Chip • Assorted Muffins • Assorted Cereal • Assortment of Fruit • Milk: fat free, 1% • Assorted Juice
7	8	9	10	11
<ul style="list-style-type: none"> • Mini Cinnamon Rolls • Assorted Muffins • Assorted Cereal • Assortment of Fruit • Milk Variety • Assorted Juice 	<ul style="list-style-type: none"> • Breakfast Sausage Pizza • Assorted Muffins • Assorted Cereal • Assortment of Fruit • Milk Variety • Assorted Juice 	<ul style="list-style-type: none"> • Pancake Sausage Wrap BIC • Assorted Muffins • Assorted Cereal • Assortment of Fruit • Milk Variety • Assorted Juice 	<ul style="list-style-type: none"> • Breakfast Round • Assorted Muffins • Assorted Cereal • Assortment of Fruit • Milk Variety • Assorted Juice 	<ul style="list-style-type: none"> • WW Bagel & cream cheese • Strawberry Banana Smoothie • Assorted Muffins • Assorted Cereal • Assortment of Fruit • Milk Variety • Assorted Juice
14	15	16	17	18
	<ul style="list-style-type: none"> • No School Today 	<ul style="list-style-type: none"> • No School Today 		<ul style="list-style-type: none"> • No School Today
21	22	23	24	25
<ul style="list-style-type: none"> • WGR Pumpkin Bread or Seasonal Loaf Bread • Assorted Muffins • Assorted Cereal • Assortment of Fruit • Milk: fat free, 1% • Assorted Juice 	<ul style="list-style-type: none"> • Whole Grain Cinnamon French Toast • Assorted Muffins • Assorted Cereal • Assortment of Fruit • Milk: fat free, 1% • Assorted Juice 	<ul style="list-style-type: none"> • Breakfast Sausage Pizza • Assorted Muffins • Assorted Cereal • Assortment of Fruit • Milk: fat free, 1% • Assorted Juice 	<ul style="list-style-type: none"> • Breakfast Round • Assorted Muffins • Assorted Cereal • Assortment of Fruit • Milk: fat free, 1% • Assorted Juice 	<ul style="list-style-type: none"> • Mini Cinnamon Rolls • Assorted Muffins • Assorted Cereal • Assortment of Fruit • Milk: fat free, 1% • Assorted Juice
28	29	30	31	
<ul style="list-style-type: none"> • WGR Pumpkin Bread or Seasonal Loaf Bread • Assorted Muffins • Assorted Cereal • Assortment of Fruit • Milk: fat free, 1% • Assorted Juice 	<ul style="list-style-type: none"> • Cinnamon Toast Crunch Soft Filled Bar • Assorted Muffins • Assorted Cereal • Assortment of Fruit • Milk: fat free, 1% • Assorted Juice 	<ul style="list-style-type: none"> • Breakfast Round • Assorted Muffins • Assorted Cereal • Assortment of Fruit • Milk: fat free, 1% • Assorted Juice 	<ul style="list-style-type: none"> • WW Bagel & cream cheese • Strawberry Banana Smoothie • Assorted Muffins • Assorted Cereal • Assortment of Fruit • Milk: fat free, 1% • Assorted Juice 	

March 2022

Werner Elementary

Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
	<ul style="list-style-type: none"> Mac & Cheese Turkey or Ham & Cheese Sandwich Pb&J Sandwich Fresh Carrots Green Beans Whole Fruit, or Substitute Applesauce or Fruit Cup or Substitute Milk Variety Assorted Condiments 	<ul style="list-style-type: none"> Chicken Patty Sandwich Chef Salad with Goldfish Crackers Pb&J Sandwich Salad with dressing Steamed Broccoli Whole Fruit, or Substitute Fresh Strawberries, or Substitute Milk Variety Assorted Condiments 	<ul style="list-style-type: none"> Beef & Bean Burrito Turkey or Ham & Cheese Sandwich Pb&J Sandwich Fresh Cherry Tomatoes or Substitute Refried Beans Whole Fruit, or Substitute Watermelon or Substitute Milk Variety Assorted Condiments 	<ul style="list-style-type: none"> Cheese Pizza Cold Deli Yogurt with Granola Pb&J Sandwich Fresh Cucumber Slice or Substitute Steamed Carrots Whole Fruit, or Substitute Fresh Pear Milk Variety Assorted Condiments
7	8	9	10	11
<ul style="list-style-type: none"> Chicken Drumstick with Goldfish Cold Deli Yogurt with Granola Pb&J Sandwich with Pretzels or Goldfish Fresh Celery Sticks, or Substitute Corn Whole Fruit, or Substitute Fresh Blueberries, or Substitute Milk Variety Assorted Condiments 	<ul style="list-style-type: none"> Cheese Calzone & Marinara Ham or Turkey & Cheese Sandwich Pb&J Sandwich with Pretzels or Goldfish Boil Peppers, or Substitute Green Beans Whole Fruit, or Substitute Orange Wedges Milk Variety Assorted Condiments 	<ul style="list-style-type: none"> Fish Sticks Cold Deli Yogurt with Granola Pb&J Sandwich with Pretzels or Goldfish Fresh Cucumber Slice or Substitute Mashed Potatoes with Gravy Whole Fruit, or Substitute Fresh Kiwi, or Substitute Milk Variety Assorted Condiments 	<ul style="list-style-type: none"> Chicken Burrito Ham or Turkey & Cheese Sandwich Pb&J Sandwich with Pretzels or Goldfish Salad with dressing Refried Beans Whole Fruit, or Substitute Fresh Cantaloupe, or Substitute Milk Variety Assorted Condiments 	<ul style="list-style-type: none"> Pepperoni Pizza Hummus & Veggie Box Pb&J Sandwich with Pretzels or Goldfish Fresh Cherry Tomatoes or Substitute Steamed Broccoli Whole Fruit, or Substitute Cuties, or Substitute Milk Variety Assorted Condiments
14	15	16	17	18
	<ul style="list-style-type: none"> No School Today 	<ul style="list-style-type: none"> No School Today 		<ul style="list-style-type: none"> No School Today
21	22	23	24	25
<ul style="list-style-type: none"> Chicken Nuggets Cold Deli Yogurt with Granola Pb&J Sandwich Fresh Snap Peas, or Substitute Mashed Potatoes with Gravy Whole Fruit, or Substitute Grapes, or Substitute Milk Variety Assorted Condiments 	<ul style="list-style-type: none"> Cheese Lasagna Rollup Turkey or Ham & Cheese Sandwich Pb&J Sandwich Fresh Carrots Green Beans Whole Fruit, or Substitute Applesauce or Fruit Cup or Substitute Milk Variety Assorted Condiments 	<ul style="list-style-type: none"> Pork Chop Sandwich Chicken Caesar Wrap Pb&J Sandwich Salad with dressing Steamed Broccoli Whole Fruit, or Substitute Fresh Raspberries or Substitute Milk Variety Assorted Condiments 	<ul style="list-style-type: none"> Beef & Bean Burrito Turkey or Ham & Cheese Sandwich Pb&J Sandwich Fresh Cherry Tomatoes or Substitute Refried Beans Whole Fruit, or Substitute Watermelon or Substitute Milk Variety Assorted Condiments 	<ul style="list-style-type: none"> Cheese Pizza Cold Deli Yogurt with Granola Pb&J Sandwich Fresh Cucumber Slice or Substitute Steamed Carrots Whole Fruit, or Substitute Fresh Pear Milk Variety Assorted Condiments
28	29	30	31	
<ul style="list-style-type: none"> Hamburger & Cheeseburger Cold Deli Yogurt with Granola Pb&J Sandwich with Pretzels or Goldfish Fresh Celery Sticks, or Substitute Black Beans Whole Fruit, or Substitute Fresh Blackberries or Substitute Milk Variety Assorted Condiments 	<ul style="list-style-type: none"> Pizza Bites Cold Deli Yogurt with Granola Pb&J Sandwich with Pretzels or Goldfish Boil Peppers, or Substitute Green Beans Whole Fruit, or Substitute Orange Wedges Milk Variety Assorted Condiments 	<ul style="list-style-type: none"> Asian Meatballs & Rice Cold Deli Yogurt with Granola Pb&J Sandwich with Pretzels or Goldfish Fresh Cucumber Slice or Substitute Steamed Veggies Whole Fruit, or Substitute Fresh Kiwi, or Substitute Milk Variety Assorted Condiments 	<ul style="list-style-type: none"> Fish Sticks Ham or Turkey & Cheese Sandwich Pb&J Sandwich with Pretzels or Goldfish Salad with dressing Mashed Potatoes with Gravy Whole Fruit, or Substitute Honeydew Melon or Substitute Milk Variety Assorted Condiments 	