



# Wildcats Newsletter

**April 2022**

5400 Mail Creek Lane  
Fort Collins, CO 80525

**Principal**  
Hayden Camp

**Assistant Principal**  
John Passantino

**Office**  
488-5550

**Attendance Line**  
488-5551

**Fax**  
488-5552

[www.wer.psdschools.org](http://www.wer.psdschools.org)

**Page 1**



## *It's a note from the principal ...*

Dear Werner Community,

Another quick month is gone and we are in the final stretch for the year! It was great to see so much return of events this past month with our Music Programs, Science Fair, and Battle of the Books. Providing opportunities for our students to explore their passions and shine is an important component of our mission *"Educate and Inspire...Every Child, Every Day"*.

As we head into April, we have a lot going on. Teachers are beginning to reach out about parent/teacher conferences for the spring. We hope that you take advantage of this important time to connect about your child's progress. We set up conferences to be flexible for both the parent and teacher. We are also excited about the return of events like Mugs with Mentors and Earth Day.

*continued on next page*



## TIME WELL SPENT

Your child's Well Care Visits  
help us address the following:



Diet & Nutrition



Chronic Health Issues



Parental Concerns



Growth, Development & More



**Click Here to Self-Schedule Your Child's Well Care Visit Today!**

**April  
2022**



BLAZING-FAST GIGABIT  
SPEED INTERNET  
**\$59.95 PER MONTH**

**NO DATA CAPS!  
NO CONTRACTS!  
NO INSTALL FEES!**

Learn more & sign up for notifications at  
**FCCONNEXION.COM**

Auxiliary aids and services are available for persons with disabilities.

City of  
**Fort Collins**

**CLICK IT**

Click on the  
Ads in this  
Newsletter

...to learn more about  
these great companies!

**Page 2**

## Note From The Principal

*continued*

I want to continue to say “thank you” for all your continued support. Our adjustments with COVID-19 mitigation efforts have been positive so far. That being said, we don’t want to let down our guard. So, we ask that everyone continues to do their part to support each other and our mitigation efforts.

Here’s what coming up this month:

- April 4- 5th grade Eco Trip meeting, 5:30-6:00 PM, Werner Gym
- April 8- Spirit Day: Hat Day
- April 14- Screenagers, Next Chapter Movie Event, 4:30-6:30, Werner Gym
- April 15- No School, Parent/Teacher Conferences
- April 20- Mugs with Mentors (last name A-M), 7:45-8:30 am, Werner Flex Room
- April 21- Mugs with Mentors (last name N-Z), 7:45-8:30 am, Werner Flex Room
- April 22- Earth Day Activities
- April 28- Battle of the Books, 5:30-7:30, Werner Gym

Have a great April and stay safe!

Best regards,

*Hayden*

The  
**Women's Clinic**  
of Northern Colorado

**Schedule Your Appointment Today!**

**We are here for your child's health!**

**Schedule your school or sport physical today!**

We have the COVID vaccine for your entire family.

**Salud**  
Family Health Centers (303) 697-2583  
**(303) MYSALUD**

1635 BLUE SPRUCE DR | FORT COLLINS, CO

**OUR CARE IS DINO-MITE!**

MEDICAL • PEDIATRICS • DENTAL • BEHAVIORAL [saludclinic.org](http://saludclinic.org)

**April  
2022**

**SELLER'S  
MARKET**  
Call today!



**Joe Mivshek**  
970.420.7163  
joe.mivshek@km.com



**kw** KELLERWILLIAMS. REALTY  
NORTHERN COLORADO

Check out the Werner  
calendar at [https://  
wer.psdschools.org/calendar](https://wer.psdschools.org/calendar)  
for updated information  
throughout the month as  
event times and/or dates can  
change.

**Page 3**

## CMAS Testing Information

Werner's annual state CMAS testing for English Language Arts/Literacy and Mathematics starts on March 29 for students in third grade and April 5 for students in grades 4 and 5. Additionally, CMAS Science will be administered to 5th graders the week of April 18. To minimize interruptions, please try to avoid scheduling events that would cause your child to be out of school during testing sessions. Electronic devices are not allowed in the room during testing. This includes e-readers, phones, tablets, and wrist devices.

To assure your child has a positive testing experience, make sure they get a good night's sleep prior to testing and be sure to offer some encouraging words on test day. Thank you.

If you have any questions, please contact our Assistant Principal, John Passantino, at [jpassant@psdschools.org](mailto:jpassant@psdschools.org).

Werner Elementary 2022 CMAS Schedule

<b>MON</b> March 28	<b>TUE March 29</b> 3 <sup>rd</sup> Math 1, 9:00-10:15	<b>WED March 30</b> 3 <sup>rd</sup> Math 2, 9:00-10:15	<b>THU March 31</b> 3 <sup>rd</sup> Math 3, 9:00-10:15	<b>FRI</b> April 1
<b>MON</b> April 4	<b>TUE April 5</b> 4 <sup>th</sup> ELA 1, 9:15-10:45 5 <sup>th</sup> ELA 1, 10:35-12:05	<b>WED April 6</b> 4 <sup>th</sup> ELA 2, 9:15-10:45 5 <sup>th</sup> ELA 1, 10:35-12:05	<b>THU April 7</b> 4 <sup>th</sup> ELA 3, 9:15-10:45 5 <sup>th</sup> ELA 3, 10:35-12:05	<b>FRI April 8</b>
<b>MON</b> April 11	<b>TUE April 12</b> 4 <sup>th</sup> Math 1, 9:15-10:20 5 <sup>th</sup> Math 1, 10:35-11:40	<b>WED April 13</b> 4 <sup>th</sup> Math 2, 9:15-10:20 5 <sup>th</sup> Math 2, 10:35-11:40	<b>THU April 14</b> 4 <sup>th</sup> Math 3, 9:15-10:20 5 <sup>th</sup> Math 3, 10:35-11:40	<b>FRI</b> April 15 (No School)
<b>MON</b> April 18	<b>TUE April 19</b> 3 <sup>rd</sup> ELA 1, 9:00-10:30 5 <sup>th</sup> Science 1, 10:35-11:55	<b>WED April 20</b> 3 <sup>rd</sup> ELA 2, 9:00-10:30 5 <sup>th</sup> Science 2, 10:35-11:55	<b>THU April 21</b> 3 <sup>rd</sup> ELA 3, 9:00-10:30 5 <sup>th</sup> Science 3, 10:35-11:55	<b>FRI April</b> 22

**Windermere**  
REAL ESTATE

Is your family looking for their  
— **HAPPY** —  
PLACE

Whether you're looking to buy or sell, I'm here to help you with **ALL** of your real estate needs.

**LET'S CONNECT!**

HeatherPatelRealEstate.com | 970-214-9479 | heatherpatel@windermere.com

**NCCOFOOTBALL.COM**  
THE EVOLUTION OF FOOTBALL  
PRE /K-12TH GRADE

★★ \$10 OFF CODE: SCHOOL10 ★★

5/5 NFL FLAG    7/7 TOUCH    9/9 HYBRID    11 TACKLE



**April  
2022**



## **Counseling Corner**

Kindergarten has been learning and understanding empathy. We will be touching base on bullies and mean people. We talk a lot about putting ourselves in other people's shoes and how people who put us down do not always use empathy. First and Second grades have learned about Bully – Proofing and the difference between conflict and bullies. They have also learned about becoming an Upstander rather than a bystander. I emphasize the importance of empathy to prevent bullies/mean people along with helping the target.

3<sup>rd</sup> grade is beginning, and 4<sup>th</sup> & 5<sup>th</sup> grades has wrapped up Bully-Proofing. What is Cyberbully and what to do when this happens has also been taught. 1. Do Not respond. 2. Do Not delete. 3. Do Not keep it to yourself! Tell a trusting adult (the adult will decide whether to delete or not). 4. Do Not believe anything that is said. Please talk to your student if you want them to do something different or want to reinforce the above strategies.

On another note, I have many parents ask about how much technology should kids be using. I struggle with it in my own home and sought out some resources. I am a big believer in Love and Logic and was sent the following article to help guide and limit the amount of technology that is occurring at home. Please go to [loveandlogic.com](http://loveandlogic.com) for more information and resources.

### **Technology Addiction**

Dear Insider,

Even though the problems associated with kids and technology seem to be getting worse rather than getting better, it has been a problem for many years. Over ten years ago, in 2011, we received the following from one of our customers:

*continued on next page*



**April  
2022**



Check out the Werner calendar at <https://wer.psdschools.org/calendar> for updated information throughout the month as event times and/or dates can change.

**Page 5**

## **Counseling Corner**

*continued*

*“My typically nice and responsible kid turns into a monster after he plays his computer games.”*

If you’ve noticed this or similar behaviors with your kids, you’re not alone. We will revisit why this is so common, as well as actions that we can take to protect our kids.

### **Electronic Games can be Extremely Addictive**

Because most video games operate according to variable schedules of reinforcement (the user cannot entirely predict when something exciting will happen) our kids get hooked into thinking that they “need to play just a little bit longer” each to time.

Even educational games present these risks. To grab the attention of the learner, our kids’ favorite games are highly entertaining—and stimulating. Is it any wonder that kids who spend too much time glued to these games find everything else boring?

Real life is always a downer when you’re hooked on electronic uppers.

The symptoms of withdrawal also reflect the addictive nature of these games: Irritability, extreme moodiness, and attempts to get a “fix” even if it requires manipulating and mistreating those who love you the most.

### **Set Enforceable Limits**

Children under 5 should spend almost no time playing video games, computer games, or watching television. This also applies to educational games and shows.

*continued on next page*

## **Reach Parents in Larimer County through our mobile-ready newsletters**

Market your business in both Poudre and Thompson school districts.

You gain visibility and targeted, increased awareness; schools gain funds from advertising revenue.

Advertise with The School Newsletter Company  
Joe Mivshek 970-420-7163 | [SchoolNewsletterCompany@gmail.com](mailto:SchoolNewsletterCompany@gmail.com)



Many older children must spend a significant amount of time on computers and the internet due to school requirements. However, they should not spend an excessive amount of additional time each day playing video games or using the internet for entertainment purposes. Wise parents set the following limit:

*I allow video games, computer games, or TV shows in our home only when they are causing no problems.*

Wise parents also don't hesitate to remove these items from the home when "problems" begin.

**Replace Electronic Screens with Loving Relationships**

Kids don't miss their computers and TVs nearly as much when they have parents who spend plenty of time with them playing catch, riding bikes, sledding, or doing other sorts of good old-fashioned things that build relationships. When you build these kinds of relationships while kids are very young, and you will find that they are less likely to become addicted to technology.

In our new audio, **Healthy Kids and Families in a Technology-Filled World**, I talk about the critical importance of the relationship approach to handling technology addiction, including topics such as limits, supervision, and accountability for kids' use of technology. This audio will give you more tips on how to address technology issues with your kids.

**- Charles Fay, Ph.D.**

**April  
2022**

### **Upcoming Music Concerts:**

- May 17th: 4th and 5th Grade Jazz Cats Choir 4:00 at Werner
- May 18th: 5th Grade Program in Werner Gym
  - ◇ Each class will be performing in a percussion ensemble.
    - ◆ Ms. Harmes' Class - 5:00
    - ◆ Mrs. Bean's Class - 5:45
    - ◆ Mr. Sonnen's Class - 6:30
- May 19th: Kindergarten End of the Year Celebration @ 2:45 in Werner Gym



### **Upcoming Library Dates:**

**Friday, May 6:** Last day for checking out books

Last Library time at school

**Friday, May 13:** All books due back at the library

**May 10 - 13:** Library Closed for the BOGO Bookfair

Please Try to locate any overdue or lost books and get them into the library. If you have lost books and cannot find them please take care of paying for the books using school pay or send a check. If you have any questions about anything please contact amy rider or myself, Debbie Powers.

Thank you for your help in getting missing library books back. We love our books!



## **PTA News**

### **Upcoming General Meeting**

Tuesday, April 12 | 6 pm | TBD

### **PTA Presents Screenagers Screening Event**

Thursday, April 14 | 4:30 – 6:30 pm | Werner Gym

\$5 per family. Tickets available [HERE!](#)

Recommended for Adults and children ages 10+. If cost is a barrier for your family, please reach out to our Office Manager, Traci Henninger ([thenninger@psdschools.org](mailto:thenninger@psdschools.org)).

Synopsis: Filmmaker and physician Dr. Delaney Ruston takes the conversation around screens and teens to the next level with Screenagers NEXT CHAPTER: Uncovering Skills for Stress Resilience—a film that examines the science behind teen’s emotional challenges, the interplay of social media, and most importantly, what can be done in our schools and homes to help them build crucial skills to navigate stress, anxiety, and depression in our digital age.

### **Volunteers Needed for Upcoming Events**

We are excited to host multiple events in April and May!

SAVE THE DATE!!! Signups will become available for these events shortly.

Mugs with Mentors | April 21st

Earth Day | April 22nd

Teacher Appreciation | May 2nd – 6th

May the 4th Spare Change Drive | May 2nd – 6th

International Night | May 13th

### **WE NEED YOU! Open 2022/23 PTA Board Positions**

**Secretary:** Records the minutes of the PTA Board and membership meetings. Is prepared to read all minutes of the membership and Board meetings at any meeting. File and maintain all records of the PTA. Maintains a current membership list and files membership list with the State and National PTA.



**VP of Programs and Events:** Acts as the liaison between our program and event chairs and the board. Ensures that chair positions are filled, and chairs are supported by the PTA. Runs annual spirit wear drive.

**VP of Fundraising:** Acts as the liaison between the fundraising event chairs and the board. Ensures that chair positions are filled, and chairs are supported by the PTA. Is responsible for presenting fundraising options for the membership to vote on for the following year.

Send request for application to [PTAWernerElementary@gmail.com](mailto:PTAWernerElementary@gmail.com)

### **PTA Spirit Wear**

Like our Cool PTA Mom tees? The Werner PTA has designed some [Grownup Tees and Coffee Mugs](#) for purchase to show your PTA spirit!

**Follow us on [Facebook](#)** to stay engaged with School Events and see what the PTA is up to at the school.

**FREE MONEY FOR YOUR SCHOOL!** Did you know there are ways to donate money to the school by doing things you already do?

- If you shop at [King Soopers](#) with a loyalty card they will donate to Werner when you sign up here.

- If you shop on Amazon, you can sign up for [Amazon Smile](#) and they will donate 1% of purchases.

- If you like to eat out, the PTA hosts *Werner Dines Out once a month and the restaurants we partner with will donate back to the school.*

### ***Thank you for supporting the Werner Elementary PTA!***

PTA President | *Anjani Rogenski*

PTA Vice President | *Nicole Kidd*

PTA Treasurer | *Patti Haswell*

PTA Secretary | *Chelsea Padgett*

PTA Board member | *Juliana Schump*

Connect with us at [PTAWernerElementary@gmail.com](mailto:PTAWernerElementary@gmail.com)

*There Is No Wrong Way to PTA. How Do You PTA?*



### **Three ways to report incidents, concerns in PSD**

PSD believes in ensuring all people – students, parents/guardians and staff – are heard and honored in our schools and workplaces. It is important that you report your concerns, and there are three ways to do so through a [new web page on PSD's website](#).

- **Safety concerns:** Report through the [Safe2Tell website](#) or call 1-877-542-7233.
  - Examples: Threat of harm to others; threat of harm to self; illegal activity.
- **Sexual harassment:** Report through [PSD's Title IX platform](#).
  - Examples: Sexual harassment or discrimination based on sex and/or gender
- **Negative experience:** Report non-Title IX issues through [PSD's Incident Reporting platform](#).
  - Examples: Discrimination based on culture/ethnicity; bullying; racial or homophobic slander; anti-Semitism

More info, including the process for investigating complaints reported through each platform, is available on this new [web page](#).

Werner Elementary PTA Presents

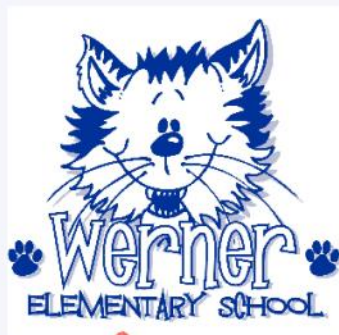
# Mugs with Mentors

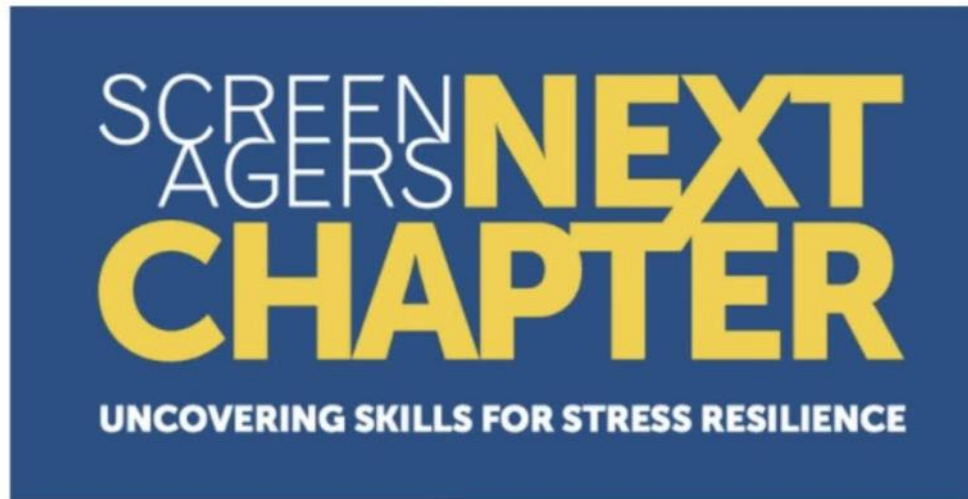
April 20th Last names A- M

April 21st Last names N- Z

7:45- 8:30

**EACH CHILD HAS THE OPPORTUNITY TO INVITE  
SOMEONE SPECIAL TO JOIN THEM FOR A COFFEE  
AND DONUT ON US BEFORE SCHOOL!**





**WERNER ELEMENTARY SCHOOL  
THURS, APRIL 14  
DISCUSSION WITH FCPD @ 4:30  
MOVIE 5-6:30**

High stress, Anxiety and Depression are experienced by millions of young people. We follow physician and film maker, Delaney Ruston, as she discovers solutions for improved adolescent well-being in the digital age.

**SCREENAGERSMOVIE.COM**

"I found it to be  
VERY POWERFUL  
and VALIDATING  
for both teens  
and parents."  
Louise Kirkhope,  
Social Worker

Really captures the  
struggles we see  
parents and students  
having across the  
board. I appreciated  
the "hope"  
parents/kids felt at  
the end."  
Renee Burnett,  
Teacher, NY

"I can't imagine what  
school counsellor  
would not be eager to  
share this with their  
families."  
Nell Branco, School  
Counselor

"Amazing  
documentary... very  
relevant for parents,  
teachers and students.  
Many parents left  
asking when we were  
going to show it again  
because they wanted  
to bring their friends."  
John H., Vice Principal,  
Elk Grove





# MENTAL HEALTH MATTERS

APRIL 7, 2022  
6pm-7:30pm  
Virtually

Live Key Note Speaker:  
Jessica Pfeiffer, LCSW, SSW, and  
ChildTrauma Academy Education Fellow

Prioritizing Social Emotional Learning  
to Promote Learning  
PLUS additional pre-recorded  
presentations

For more information and to RSVP  
please use the QR code below



**K-12 EVENT**  
**DISTRICT AND COMMUNITY WIDE**

## YOU ARE NOT ALONE.





# Interacted with a PSD school resource officer?

Tell us about your experience.

As part of Poudre School District's commitment to ongoing evaluation of its School Resource Officer (SRO) Program, the district has an online form that students, staff, families and community members can use to share feedback about their interactions with School Resource Officers.



SCAN ME

or go to [bit.ly/PSDSROfeedback](https://bit.ly/PSDSROfeedback)

More info at: [www.psdschools.org/schools/school-resource-officer-program](https://www.psdschools.org/schools/school-resource-officer-program)





# 2022 SPRING

Please note that spring protocols could shift, as PSD adapts to public health conditions and guidance.



Review PSD's 2021-22 protocols for Health & Safety



Info on vaccinations, clinics happening at PSD schools



Review PSD's Test to Stay program details



More information available PSD's 2021-22 School Year and COVID-19 data

## Poudre School District

2407 LaPorte Avenue,  
Fort Collins, CO 80521  
970-482-7420

[www.psdschools.org](http://www.psdschools.org)  
[info@psdschools.org](mailto:info@psdschools.org)



## PSD COVID-19 protocols for spring 2022

Our school district follows guidance from the Centers for Disease Control and Prevention (CDC), Colorado Department of Public Health and Environment (CDPHE) and Larimer County Department of Health and Environment (LCDHE).

### PSD is a mask-friendly environment

We respect whatever choice staff, students and visitors make. The CDC continues to recommend that people wear the most protective mask they can that fits well and is worn consistently.

- Masks are no longer required on PSD buses or in PSD preschool classrooms, following updated CDC guidelines.
- Individuals who are COVID-positive must wear a mask in school/at work on days 6-10, per public health requirements.
- Close contacts of positive individuals must wear a mask in school/at work on days 6-10 from their date of exposure, per public health requirements. More info: [cdc.gov](https://www.cdc.gov)



### Our layered approach to mitigation

PSD follows these recommended strategies to reduce the spread of contagious diseases:

- Stay home if you aren't feeling well and follow the state health department's "How Sick is Too Sick?" protocols.
- Maximize social distancing between members of different households, as possible.
- Contact trace when there are outbreaks

More info: [psdschools.org/psd2021-22/healthsafety](http://psdschools.org/psd2021-22/healthsafety)

and as otherwise required by the health department.

- Frequently clean and disinfect of our facilities, with a focus on high-traffic areas.
- Promote frequent handwashing.
- Make free COVID tests available, including through the Test to Stay in PSD program.
- Promote accessibility of voluntary COVID vaccines through state-run mobile clinics.



## PSD COVID-19 protocols for spring 2022

Public health officials have shifted from a pandemic to a [more routine disease-control approach](#). This more closely resembles how schools have historically responded to contagious diseases like whooping cough and influenza. For all protocols, please visit the [Health and Safety web page](#).



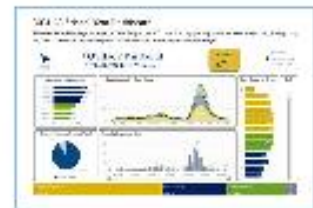
### What happens when there are COVID cases in PSD?

#### Contact tracing will occur:

- In a preschool classroom that reaches "cluster" status, or three to five cases.
- For classrooms/cohorts/activities/teams that reach "outbreak" status, or five or more cases.

Parents/guardians can expect to receive communications at both points. Notifications are not sent for one case. The PSD data dashboard is at [psdschools.org/psd2020-21/COVID19schoolstatus](https://psdschools.org/psd2020-21/COVID19schoolstatus). PSD works with the health

department on contact tracing investigations to identify close contacts who must quarantine if they are not exempted. LCDHE issues legal isolation and quarantine orders.



### How to be exempted from quarantine if you are a close contact

If staff or students are identified as close contacts of a COVID-positive individual and receive quarantine orders from the health department, there are three options for them to remain at school or work. [More info >>>](#)

**Option 1:**  
Be fully vaccinated with a primary series and boosted, if eligible.

**Option 2:**  
Follow all steps of the [Test to Stay in PSD program](#).

**Option 3:**  
Have record of a confirmed positive COVID test in the last 90 days.



### Test to Stay in PSD

Test to Stay in PSD provides a separate option for students and staff to be exempted from quarantine, which means being able to teach, work and learn in school more often.

**Step 1:** Opt into CDPHE's [Test to Stay program](#).

**Step 2:** Get free at-home rapid tests from your school.

**Step 3:** Staff members and students identified as close contacts must test on days 1 and 5, after their date of exposure.

**Step 4:** Email copy of negative test results or a photo of a rapid, at-home tests (with date/time of result and name/student or employee ID) to [covidtracing@psdschools.org](mailto:covidtracing@psdschools.org)

**Step 5:** Stay at school if asymptomatic and with a negative test result.

**Step 6:** Request additional tests from your school health office if you have used yours.

More info: [psdschools.org/your-district/test-to-stay-PSD](https://psdschools.org/your-district/test-to-stay-PSD)



### What happens if my student has illness symptoms?

#### Have any of the symptoms below?

**You need a negative COVID test to return to school.**

When not related to a documented chronic health condition, symptoms that require a negative test to return to school include fever, feeling feverish, shortness of breath, nausea, vomiting, diarrhea, cough, sore throat, runny nose, congestion, muscle/body aches, headache, fatigue, new loss of sense of taste or smell.

If your student tests positive or chooses not to test, they must remain home for five days and wear a mask on days 6 to 10 when they return, per public health requirements.

More info: ["How Sick is Too Sick?" protocols >>>](#)






April 2022

Werner Elementary


Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<b>1</b> <ul style="list-style-type: none"> <li>Pancake Sausage Wrap BIC</li> <li>Assorted Muffins</li> <li>Assorted Cereal</li> <li>Assortment of Fruit</li> <li>Milk: fat free, 1%</li> <li>Assorted Juice</li> </ul>
<b>4</b> <ul style="list-style-type: none"> <li>WGR Pumpkin Bread or Seasonal Loaf Bread</li> <li>Assorted Muffins</li> <li>Assorted Cereal</li> <li>Assortment of Fruit</li> <li>Milk: fat free, 1%</li> <li>Assorted Juice</li> </ul>	<b>5</b> <ul style="list-style-type: none"> <li>Breakfast Round</li> <li>Assorted Muffins</li> <li>Assorted Cereal</li> <li>Assortment of Fruit</li> <li>Milk: fat free, 1%</li> <li>Assorted Juice</li> </ul>	<b>6</b> <ul style="list-style-type: none"> <li>Whole Grain Cinnamon French Toast</li> <li>Assorted Muffins</li> <li>Assorted Cereal</li> <li>Assortment of Fruit</li> <li>Milk: fat free, 1%</li> <li>Assorted Juice</li> </ul>	<b>7</b> <ul style="list-style-type: none"> <li>Cinnamon Toast Crunch Soft Filled Bar</li> <li>Assorted Muffins</li> <li>Assorted Cereal</li> <li>Assortment of Fruit</li> <li>Milk: fat free, 1%</li> <li>Assorted Juice</li> </ul>	<b>8</b> <ul style="list-style-type: none"> <li>Whole Grain Waffle, Chocolate Chip</li> <li>Assorted Muffins</li> <li>Assorted Cereal</li> <li>Assortment of Fruit</li> <li>Milk: fat free, 1%</li> <li>Assorted Juice</li> </ul>
<b>11</b> <ul style="list-style-type: none"> <li>Mini Cinnamon Rolls</li> <li>Assorted Muffins</li> <li>Assorted Cereal</li> <li>Assortment of Fruit</li> <li>Milk Variety</li> <li>Assorted Juice</li> </ul>	<b>12</b> <ul style="list-style-type: none"> <li>Breakfast Sausage Pizza</li> <li>Assorted Muffins</li> <li>Assorted Cereal</li> <li>Assortment of Fruit</li> <li>Milk Variety</li> <li>Assorted Juice</li> </ul>	<b>13</b> <ul style="list-style-type: none"> <li>Pancake Sausage Wrap BIC</li> <li>Assorted Muffins</li> <li>Assorted Cereal</li> <li>Assortment of Fruit</li> <li>Milk Variety</li> <li>Assorted Juice</li> </ul>	<b>14</b> <ul style="list-style-type: none"> <li>Breakfast Round</li> <li>Assorted Muffins</li> <li>Assorted Cereal</li> <li>Assortment of Fruit</li> <li>Milk Variety</li> <li>Assorted Juice</li> </ul>	<b>15</b> 
<b>18</b> <ul style="list-style-type: none"> <li>WGR Pumpkin Bread or Seasonal Loaf Bread</li> <li>Assorted Muffins</li> <li>Assorted Cereal</li> <li>Assortment of Fruit</li> <li>Milk: fat free, 1%</li> <li>Assorted Juice</li> </ul>	<b>19</b> <ul style="list-style-type: none"> <li>Whole Grain Cinnamon French Toast</li> <li>Assorted Muffins</li> <li>Assorted Cereal</li> <li>Assortment of Fruit</li> <li>Milk: fat free, 1%</li> <li>Assorted Juice</li> </ul>	<b>20</b> <ul style="list-style-type: none"> <li>Breakfast Sausage Pizza</li> <li>Assorted Muffins</li> <li>Assorted Cereal</li> <li>Assortment of Fruit</li> <li>Milk: fat free, 1%</li> <li>Assorted Juice</li> </ul>	<b>21</b> <ul style="list-style-type: none"> <li>Breakfast Round</li> <li>Assorted Muffins</li> <li>Assorted Cereal</li> <li>Assortment of Fruit</li> <li>Milk: fat free, 1%</li> <li>Assorted Juice</li> </ul>	<b>22</b> <ul style="list-style-type: none"> <li>Mini Cinnamon Rolls</li> <li>Assorted Muffins</li> <li>Assorted Cereal</li> <li>Assortment of Fruit</li> <li>Milk: fat free, 1%</li> <li>Assorted Juice</li> </ul>
<b>25</b> <ul style="list-style-type: none"> <li>WGR Pumpkin Bread or Seasonal Loaf Bread</li> <li>Assorted Muffins</li> <li>Assorted Cereal</li> <li>Assortment of Fruit</li> <li>Milk: fat free, 1%</li> <li>Assorted Juice</li> </ul>	<b>26</b> <ul style="list-style-type: none"> <li>Cinnamon Toast Crunch Soft Filled Bar</li> <li>Assorted Muffins</li> <li>Assorted Cereal</li> <li>Assortment of Fruit</li> <li>Milk: fat free, 1%</li> <li>Assorted Juice</li> </ul>	<b>27</b> <ul style="list-style-type: none"> <li>Breakfast Round</li> <li>Assorted Muffins</li> <li>Assorted Cereal</li> <li>Assortment of Fruit</li> <li>Milk: fat free, 1%</li> <li>Assorted Juice</li> </ul>	<b>28</b> <ul style="list-style-type: none"> <li>WW Bagel &amp; cream cheese</li> <li>Strawberry Banana Smoothie</li> <li>Assorted Muffins</li> <li>Assorted Cereal</li> <li>Assortment of Fruit</li> <li>Milk: fat free, 1%</li> <li>Assorted Juice</li> </ul>	<b>29</b> <ul style="list-style-type: none"> <li>Pancake Sausage Wrap BIC</li> <li>Assorted Muffins</li> <li>Assorted Cereal</li> <li>Assortment of Fruit</li> <li>Milk: fat free, 1%</li> <li>Assorted Juice</li> </ul>

April 2022

Werner Elementary

Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<b>1</b> <ul style="list-style-type: none"> <li>Pepperoni Pizza</li> <li>Cold Deli Yogurt with Granola</li> <li>PB&amp;J Sandwich with Pretzels or Goldfish</li> <li>Fresh Cherry Tomatoes or Substitute</li> <li>Steamed Carrots</li> <li>Whole Fruit, or Substitute</li> <li>Cuties, or Substitute</li> <li>Milk Variety</li> <li>Assorted Condiments</li> </ul>
<b>4</b> <ul style="list-style-type: none"> <li>Hamburger &amp; Cheeseburger</li> <li>Cold Deli Yogurt with Granola</li> <li>Pb&amp;J Sandwich</li> <li>Fresh Snap Peas, or Substitute</li> <li>Corn</li> <li>Whole Fruit, or Substitute</li> <li>Grapes, or Substitute</li> <li>Milk Variety</li> <li>Assorted Condiments</li> </ul>	<b>5</b> <ul style="list-style-type: none"> <li>Mac &amp; Cheese</li> <li>Turkey or Ham &amp; Cheese Sandwich</li> <li>Pb&amp;J Sandwich</li> <li>Fresh Carrots</li> <li>Green Beans</li> <li>Whole Fruit, or Substitute</li> <li>Applesauce or Fruit Cup or Substitute</li> <li>Milk Variety</li> <li>Assorted Condiments</li> </ul>	<b>6</b> <ul style="list-style-type: none"> <li>Chicken Patty Sandwich</li> <li>Chef Salad with Goldfish Crackers</li> <li>Pb&amp;J Sandwich</li> <li>Salad with dressing</li> <li>Steamed Broccoli</li> <li>Whole Fruit, or Substitute</li> <li>Fresh Strawberries, or Substitute</li> <li>Milk Variety</li> <li>Assorted Condiments</li> </ul>	<b>7</b> <ul style="list-style-type: none"> <li>Beef &amp; Bean Burrito</li> <li>Turkey or Ham &amp; Cheese Sandwich</li> <li>Pb&amp;J Sandwich</li> <li>Fresh Cherry Tomatoes or Substitute</li> <li>Refried Beans</li> <li>Whole Fruit, or Substitute</li> <li>Watermelon or Substitute</li> <li>Milk Variety</li> <li>Assorted Condiments</li> </ul>	<b>8</b> <ul style="list-style-type: none"> <li>Cheese Pizza</li> <li>Cold Deli Yogurt with Granola</li> <li>Pb&amp;J Sandwich</li> <li>Fresh Cucumber Slice or Substitute</li> <li>Steamed Carrots</li> <li>Whole Fruit, or Substitute</li> <li>Fresh Pear</li> <li>Milk Variety</li> <li>Assorted Condiments</li> </ul>
<b>11</b> <ul style="list-style-type: none"> <li>Chicken Drumstick with Goldfish</li> <li>Cold Deli Yogurt with Granola</li> <li>PB&amp;J Sandwich with Pretzels or Goldfish</li> <li>Fresh Celery Sticks, or Substitute</li> <li>Corn</li> <li>Whole Fruit, or Substitute</li> <li>Fresh Blueberries, or Substitute</li> <li>Milk Variety</li> <li>Assorted Condiments</li> </ul>	<b>12</b> <ul style="list-style-type: none"> <li>Cheese Calzone &amp; Marinara</li> <li>Ham or Turkey &amp; Cheese Sandwich</li> <li>PB&amp;J Sandwich with Pretzels or Goldfish</li> <li>Bell Peppers, or Substitute</li> <li>Green Beans</li> <li>Whole Fruit, or Substitute</li> <li>Orange Wedges</li> <li>Milk Variety</li> <li>Assorted Condiments</li> </ul>	<b>13</b> <ul style="list-style-type: none"> <li>Fish Sticks</li> <li>Cold Deli Yogurt with Granola</li> <li>PB&amp;J Sandwich with Pretzels or Goldfish</li> <li>Fresh Cucumber Slice or Substitute</li> <li>Mashed Potatoes with Gravy</li> <li>Whole Fruit, or Substitute</li> <li>Fresh Kiwi, or Substitute</li> <li>Milk Variety</li> <li>Assorted Condiments</li> </ul>	<b>14</b> <ul style="list-style-type: none"> <li>Chicken Burrito</li> <li>Ham or Turkey &amp; Cheese Sandwich</li> <li>PB&amp;J Sandwich with Pretzels or Goldfish</li> <li>Salad with dressing</li> <li>Refried Beans</li> <li>Whole Fruit, or Substitute</li> <li>Fresh Cantaloupe, or Substitute</li> <li>Milk Variety</li> <li>Assorted Condiments</li> </ul>	<b>15</b> 
<b>18</b> <ul style="list-style-type: none"> <li>Chicken Nuggets</li> <li>Cold Deli Yogurt with Granola</li> <li>Pb&amp;J Sandwich</li> <li>Fresh Snap Peas, or Substitute</li> <li>Mashed Potatoes with Gravy</li> <li>Whole Fruit, or Substitute</li> <li>Grapes, or Substitute</li> <li>Milk Variety</li> <li>Assorted Condiments</li> </ul>	<b>19</b> <ul style="list-style-type: none"> <li>Cheese Lasagna Rollup</li> <li>Turkey or Ham &amp; Cheese Sandwich</li> <li>Pb&amp;J Sandwich</li> <li>Fresh Carrots</li> <li>Green Beans</li> <li>Whole Fruit, or Substitute</li> <li>Applesauce or Fruit Cup or Substitute</li> <li>Milk Variety</li> <li>Assorted Condiments</li> </ul>	<b>20</b> <ul style="list-style-type: none"> <li>Pork Chop Sandwich</li> <li>Chicken Caesar Wrap</li> <li>Pb&amp;J Sandwich</li> <li>Salad with dressing</li> <li>Steamed Broccoli</li> <li>Whole Fruit, or Substitute</li> <li>Fresh Raspberries or Substitute</li> <li>Milk Variety</li> <li>Assorted Condiments</li> </ul>	<b>21</b> <ul style="list-style-type: none"> <li>Beef &amp; Bean Burrito</li> <li>Turkey or Ham &amp; Cheese Sandwich</li> <li>Pb&amp;J Sandwich</li> <li>Fresh Cherry Tomatoes or Substitute</li> <li>Refried Beans</li> <li>Whole Fruit, or Substitute</li> <li>Watermelon or Substitute</li> <li>Milk Variety</li> <li>Assorted Condiments</li> </ul>	<b>22</b> <ul style="list-style-type: none"> <li>Cheese Pizza</li> <li>Cold Deli Yogurt with Granola</li> <li>Pb&amp;J Sandwich</li> <li>Fresh Cucumber Slice or Substitute</li> <li>Steamed Carrots</li> <li>Whole Fruit, or Substitute</li> <li>Fresh Pear</li> <li>Milk Variety</li> <li>Assorted Condiments</li> </ul>
<b>25</b> <ul style="list-style-type: none"> <li>Hamburger &amp; Cheeseburger</li> <li>Cold Deli Yogurt with Granola</li> <li>PB&amp;J Sandwich with Pretzels or Goldfish</li> <li>Fresh Celery Sticks, or Substitute</li> <li>Black Beans</li> <li>Whole Fruit, or Substitute</li> <li>Fresh Blackberries or Substitute</li> <li>Milk Variety</li> <li>Assorted Condiments</li> </ul>	<b>26</b> <ul style="list-style-type: none"> <li>Pizza Bites</li> <li>Cold Deli Yogurt with Granola</li> <li>PB&amp;J Sandwich with Pretzels or Goldfish</li> <li>Bell Peppers, or Substitute</li> <li>Green Beans</li> <li>Whole Fruit, or Substitute</li> <li>Orange Wedges</li> <li>Milk Variety</li> <li>Assorted Condiments</li> </ul>	<b>27</b> <ul style="list-style-type: none"> <li>Asian Meatballs &amp; Rice</li> <li>Cold Deli Yogurt with Granola</li> <li>PB&amp;J Sandwich with Pretzels or Goldfish</li> <li>Fresh Cucumber Slice or Substitute</li> <li>Steamed Veggies</li> <li>Whole Fruit, or Substitute</li> <li>Fresh Kiwi, or Substitute</li> <li>Milk Variety</li> <li>Assorted Condiments</li> </ul>	<b>28</b> <ul style="list-style-type: none"> <li>Fish Sticks</li> <li>Ham or Turkey &amp; Cheese Sandwich</li> <li>PB&amp;J Sandwich with Pretzels or Goldfish</li> <li>Salad with dressing</li> <li>Mashed Potatoes with Gravy</li> <li>Whole Fruit, or Substitute</li> <li>Honeydew Melon or Substitute</li> <li>Milk Variety</li> <li>Assorted Condiments</li> </ul>	<b>29</b> <ul style="list-style-type: none"> <li>Pepperoni Pizza</li> <li>Cold Deli Yogurt with Granola</li> <li>PB&amp;J Sandwich with Pretzels or Goldfish</li> <li>Fresh Cherry Tomatoes or Substitute</li> <li>Steamed Carrots</li> <li>Whole Fruit, or Substitute</li> <li>Cuties, or Substitute</li> <li>Milk Variety</li> <li>Assorted Condiments</li> </ul>