

Wildcats Newsletter

September 2023

5400 Mail Creek Lane Fort Collins, CO 80525

Principal

Hayden Camp

Assistant Principal

Butterscotch Culhane

Office 488-5550

Attendance Line

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www.wer.psdschools.org



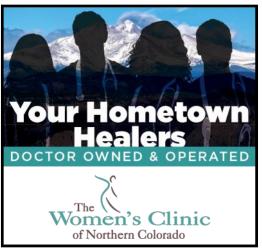
It's a note from the principal ...

Dear Werner Community,

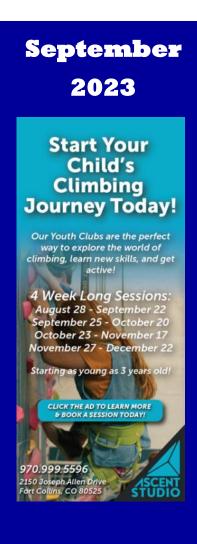
We are off to a great start despite the heat! Having our students back and excited to start a new school year has been great. Thanks so much for your support and efforts to help your child transition well.

As we start this school year, we have many new things to be excited about. First, we have a newly updated library thanks, in part, to PTA and your generous donations over the years. Mrs. Powers worked really hard over the summer to make it look great once our contractors finished installing new carpet, shelves, tables, and chairs. Look for more info from Mrs. Powers about the project in this newsletter. Second, we have a new literacy program, Imagine Learning EL Education, to support teaching Reading/Writing for K-5th. It is a complete structured literacy program that is systematic and sequential. The new program was selected after a vigorous Selection process last year. Our teachers have been working hard with implementation and attending training sessions. We are excited to use this new program and better support our students with literacy!

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Note From The Principal

continued

As we head into September, we look forward to having you attend our Back -to-School nights. These nights are important for our teachers to build relationships with you and share what the year will look like. Thanks for your support in attending these. We also have some BIG Events for our community. Our 4th/5th Grade Werner Jazz Cat Choir will be singing the National Anthem at the Colorado Rockies game on September 2. Then, our Tour de Cat has been postponed to Sept. 15. Last, our biggest event of the year, Fall Fun(d) Festival and Talent Show, will be held Sept. 29 from 4:00-7:30. We look forward to seeing you all at these great events!

Thanks, again, for your support of Werner. Have a great September!

Best, Hayden

New Staff Introductions

Name: Ava Basch

Position next year: Paraprofessional II

Family: I'm really close with my mom, dad, and

younger brother!

Hobbies: I've recently been learning how to ride a motorcycle! I also have a love for crocheting and weightlifting.

What you are looking forward to: I'm looking

forward to this next school year! I'm incredibly excited to meet students,

parents, and other staff!

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Is it just a phase?



CAYAC
Child, Adolescent, and
Young Adult Connections

Helping youth and families find answers, options and support.



970-221-3308

Check out the Werner calendar at https://wer.psdschools.org/calendar for updated information throughout the month as event times and/or dates can change.

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New Staff Introductions

Name: Barbara (Bo) Carr

Position Next Year: 1st grade teacher

Family: husband, 2 step kids and a huge wonderful

extended family...and lots of animals. Hobbies: gardening and scuba diving

What you are looking forward to: I'm looking forward to meeting everyone at Werner and beginning another year with the kids...and to our family trip to Australia next

summer.



Name: Rhonda Glover

Position Next Year: Paraprofessional 504

Family: I am married, have three grown children, and have 5 granddaughters and one grandson. Hobbies: I love to read, cook, and do crafts of all

sorts.

What you are looking forward to: I am looking forward to meeting the staff, students and parents

and getting to know everyone.

Name: Audrey Goddell

Position Next Year: Speech Language Pathologist
I am so excited to get started as a Speech Language
Pathologist at PSD and meet everybody. My name is
Audrey Goodell. My husband, Addem, and I have been
located in Fort Collins for about four years. I just finished
my graduate degree at the University of Northern
Colorado. In addition to my passion in speech and
language, I also coach a competitive gymnastics team,
which you will likely hear me talk about too much. I am



always down for an adventure, whether that be learning a new activity, traveling, or seeing live music. I have two dogs, Oscar and Mowgli, and a Cat, Mizuno. In my free time, I like to climb at Ascent, hike, read novels, and play with my pups. I look forward to working with you all!

We are here for you and your child's health! ¡Estamos aquí para la salud de su hijo!

Schedule your school or sport physical today!
¡Programe hoy su examen físico para la escuela o deporte!

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Family Health (303) MYSALUD

OUR CARE IS DINO-MITE!
MEDICAL = PEDIATRICS = DENTAL = BEHAVIORAL saludclinic.org

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New Staff Introductions

Name: Katie Salter

Position Next Year: Health Tech/Media Assistant Family: Married to my husband, Doug, for 32

years! We have three awesome kids: Abbie, Patrick,

and Will.

Hobbies: I love to be outdoors! Running, hiking, cross country skiing, and walking my dog, Lucy. I also love to bake.

What you are looking forward to: I'm so excited to be joining the team at Werner! I'm looking forward to getting to know all the students and helping everyone in both the Media Center and the Health Office.



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Name: Kris Sessions

Position: SPED Para II ILS program

Family: Husband, Brent, Son, Will (attending Colorado State University) Daughter, Jenny (attending Grand Canyon University) 2 labradoodles,

Daisy and Violet

Hobbies: playing the piano, listening to music (especially classical and jazz), reading, cooking, drinking coffee, spending time with my husband and kids

What you are looking forward to: I am really looking forward to joining the staff at Werner, meeting the students and their families and working in a great community of learners!

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Counseling Corner:

Welcome back to another great school year. For those who do not know me, I am the School Counselor at Werner. My name is Julie Flemister and my office is located just west of the cafeteria. I am fortunate to teach in each classroom about different social skills, including but not limited to, getting along skills, conflict resolution, bully proofing, mindfulness, and Acts of Kindness.

My focus this year will be on peaceful resolution of conflicts, gratitude, and kindness. Students will be learning about the powerful impact of kindness within in their classroom, Werner, and our community. Building a kind environment will hopefully encourage tolerance, respect, empathy, and lead to peaceful resolutions.

I also have lunch with many of the students, so please do not be alarmed if your student comes home and says they had lunch with the counselor. I feel it so important to know each student, so if something does come up, they are comfortable coming and talking with me. I also help in crisis, talking with students, and working with parents on helping their child feel successful in school.

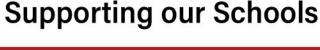
Please let me know if you need resources in our community. I have some amazing sources for what life can throw us at times. My email is iflemist@psdschools.org.

I also refer to Love and Logic as a parent and as a counselor. The following article is taken from their email resources. I am consistently working on demonstrating kindness for my own children so that they may pass it forward to their peers and teachers. Kindness is a gift to all!

The Best Gift for a Teacher

Of course, all of us dedicated educators want to be appreciated for our hard work, long hours, and willingness to be exposed to every germ known to humankind. It's nice to be appreciated for the fact that we choose to love kids even when they behave badly and produce noxious fumes. It's great to be appreciated for the fact that we take classrooms full of kids with different needs, abilities, behaviors, and troubles and turn them into high-powered learning teams.

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970.420.7163



Counseling Corner:

continued

Great teachers are amazing!

The best gift we can give them involves our own parenting. The most wonderful display of our appreciation is to send them students truly ready to be respectful, responsible, and eager to learn. No doubt this gift also benefits our children, who will rise to the top when equipped with such character attributes.

Listed below are just a few things you can do:

- Make sure that your kids overhear you saying positive things about their school and their teachers.
- Ensure that they are doing chores without reminders at home, so that they know how to do assignments without reminders at school.
- Allow very little time with technology, including video games, texting, surfing the web, watching videos, television, etc. These activities make it more difficult for our children to remain calm and content at school.
- Have family meals together, where you enjoy each other and talk about all the things you've learned during the day.

Thanks for reading, and thanks for raising great kids who have what it takes to benefit from the privilege of schooling!

Dr. Charles Fay

Mindful Family Dinner Table Idea:

Check-In with a Simple Question

Having a simple question that speaks to each of our experience is a great way to be present for each other amidst the busy-ness of family life. What do each of us most fundamentally need and want? Love and attention. Kindness and presence. Most of our lives are packed full, with many demands on our time. Just pausing to give each other our presence is a powerful gift. We are frequently given feedback by both children and parents that doing these Family Check-in activities is a highlight for them. Below are some of our favorites. *Tip: these are also wonderful questions for bedtime.*

- Highs & Lows: Share your highs and lows of the day or the week.
- Gratitude: Share three things you are grateful for. It can be a thing, person, animal, or activity.
- Sharing appreciations: Each family member goes around the table and shares one thing they appreciate about each person.
- Bucket filling: How did you fill someone's 'bucket' today? How did someone else fill your bucket?

Taken from: https://www.mindfulschools.org/inspiration/mindfulness-at-mealtime-tips-for-bringing-presence-kindness-into-daily-family-life/? utm_source=Mindful+Schools+Newsletter&utm_campaign=e76ed1a337-

EMAIL_CAMPAIGN_Newsletter_2022_06_29_NONREG&utm_medium=email&utm_term=0 _024a46d2a1-e76ed1a337-21058599









FUNDRAISER FOR

WERNER ELEMENTARY PTA

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Werner's Wonderful New Library

I just want to say thank you again to all the Werner families that made our new library a possibility through fundraising over the years. It looks fabulous with our new carpet, shelves, furniture, and decorations. The feedback from students has been extremely positive. We can't wait to start using it!

I also want to introduce Katie Salter as the new media and health tech paraprofessional. She will be helping with the day to day running of the library - checking in books, shelving, and completing special projects. She will also be helping with some book checkout with the students.

Looking forward to a great year filled with an abundance of reading!









WERNER ELEMENTARYFall Fun(d) Festival 2023

Dear Wildcat Families,

We're so excited to host this year Fall Fun(d) Festival featuring a school wide Talent Show and Silent Auction to help fundraise for our school! This funds earned through this event will go directly to our teachers classroom budgets!

To increase the excitement and school spirit of this event, we're hoping to provide each student with a FREE custom Werner Elementary t-shirt to wear the day of the Fall Festival (and year long!), at no cost to the student or school.

In order to make this happen, we need your help! We're hoping to partner with local businesses to help sponsor these shirts. If you know of, or are affiliated with, a business that would be interested in sponsoring shirts for our students, please email ptawernerelementary@gmail.com by Aug. 31st, so we have time to include the name or logo of the business on the back of the shirt. The company name will also be included in the Event Flyer for our Talent Show. Every student in the school will be given these shirts the week before the Fall Fun(d) Festival and they will get to tie-dye them with their classmates! They will be sent home and all students will be encouraged to wear them the day of the Fall Fun(d) Festival and they often wear them throughout the rest of the year too. We will also include the name or logo in our business sponsor spotlight on our Facebook page.

Thank you for your help! PLATINUM (\$1000)

- · Ad on the sleeve of Community Partner Shirt
- Sponsor logo placed on School/PTA/PTO website or social media

GOLD (\$750)

- Large ad on the back of Community Partner Shirt
- Sponsor logo placed on School/PTA/PTO website or social media

SILVER (\$500)

- Medium ad on the back of Community Partner Shirt
- Sponsor logo placed on School/PTA/PTO website or social media

BRONZE (\$250)

- · Name on back of Community Partner Shirt
- Recognition on School/PTA/PTO website or social media



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Werner Elementary

Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				 Pancake & Sausage Wrap Assorted Muffins Assorted Cereal Assortment of Fruit Milk Variety Assorted Juice
Labor Day	 WGR Pumpkin Bread of Seasonal Loaf Bread Muffin Assorted & Yogurt Variety Assorted Cereal Assortment of Fruit Milk Variety Assorted Juice 	 French toast sticks Sausage Patty Muffin Assorted & Yogurt Variety Assorted Cereal Assortment of Fruit Milk Variety Assorted Juice 	 Mini Pancakes Muffin Assorted & Yogurt Variety Assorted Cereal Assortment of Fruit Milk Variety Assorted Juice 	 Egg, Cheese & Bacon Breakfast Burrito Muffin Assorted & Yogurt Variety Assorted Cereal Assortment of Fruit Milk Variety Assorted Juice
 Breakfast Sausage Pizza Assorted Muffins Assorted Cereal Assortment of Fruit Milk Variety Assorted Juice 	 Mini Cinnamon Rolls Assorted Muffins Assorted Cereal Assortment of Fruit Milk Variety Assorted Juice 	 Pancake & Sausage Wrap Assorted Muffins Assorted Cereal Assortment of Fruit Milk Variety Assorted Juice 	 Breakfast Round Assorted Muffins Assorted Cereal Assortment of Fruit Milk Variety Assorted Juice 	 Whole Grain Waffle, Chocolate Chip Assorted Muffins Assorted Cereal Assortment of Fruit Milk Variety Assorted Juice
 Egg, Cheese & Bacon Breakfast Burrito Muffin Assorted & Yogurt Variety Assorted Cereal Assortment of Fruit Milk Variety Assorted Juice 	 French toast sticks Sausage Patty Muffin Assorted & Yogurt Variety Assorted Cereal Assortment of Fruit Milk Variety Assorted Juice 	 Breakfast Sausage Pizza Muffin Assorted & Yogurt Variety Assorted Cereal Assortment of Fruit Milk Variety Assorted Juice 	 Mini Pancakes Muffin Assorted & Yogurt Variety Assorted Cereal Assortment of Fruit Milk Variety Assorted Juice 	No School
 Whole Grain Waffle, Chocolate Chip Assorted Muffins Assorted Cereal Assortment of Fruit Milk Variety Assorted Juice 	 Egg, Cheese & Bacon Breakfast Burrito Assorted Muffins Assorted Cereal Assortment of Fruit Milk Variety Assorted Juice 	 Breakfast Round Assorted Muffins Assorted Cereal Assortment of Fruit Milk Variety Assorted Juice 	 WGR Grahamz Crackers Yogurt Assorted Muffins Assorted Cereal Assortment of Fruit Milk Variety Assorted Juice 	 Pancake & Sausage Wrap Assorted Muffins Assorted Cereal Assortment of Fruit Milk Variety Assorted Juice

Werner Elementary

Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			Food Offered Daily: Salad Bar Fruit Salad Assorted Salad Dressings Whole Wheat Dinner Roll Chocolate Milk Milk fat free Milk low fat 1% Assorted Condiments	 Cheese Pizza Pepperoni Pizza Deli Sandwich Cold Deli Yogurt & Roll Pb&J Sandwich Steamed Carrots Assorted Italian Condiments
Labor Days	 Hamburger & Cheeseburger Mac & Cheese Deli Sandwich ColdDeli Yogurt & Goldfish or Pretzels Pb&J Sandwich Green Beans Assorted Condiments 	Chicken Patty Sandwich Chef Salad & Roll Deli Sandwich ColdDeli Yogurt & Goldfish or Pretzels Pb&J Sandwich Steamed Veggies	 Beef Taco & Rice Chicken Strips Deli Sandwich ColdDeli Yogurt & Goldfish on Pretzels Pb&J Sandwich Black Beans Nugget Dipping Sauces Mexican Condiments- ELEM 	Cheese Pizza Pepperoni Pizza Deli Sandwich ColdDeli Yogurt & Goldfish or Pretzels Pb&J Sandwich Peas Assorted Italian Condiments
 Meatball Sandwich Cheese Calzone & Marinara Deli Sandwich Cold Deli Yogurt & Roll Pb&J Sandwich Corn Assorted Italian Condiments 	 Lasagna with Veggies Chicken Drumstick & Roll Deli Sandwich Cold Deli Yogurt & Roll Pb&J Sandwich Green Beans Assorted Italian Condiments 	 Orange Chicken & Rice Fish Sticks Deli Sandwich Cold Deli Yogurt & Roll Pb&J Sandwich Steamed Broccoli 	 Chicken Burrito Hot Dog Deli Sandwich Cold Deli Yogurt & Roll Pb&J Sandwich Refried Beans Mexican Condiments- ELEM 	 Cheese Pizza Pepperoni Pizza Hummus & Veggie Box Cold Deli Yogurt & Roll Pb&J Sandwich Steamed Carrots Assorted Italian Condiments
 Chicken & Waffles Mac & Cheese Deli Sandwich Cold Deli Yogurt & Pretzel or Goldfish 	 Chicken Tacos & Rice Pizza Bites Deli Sandwich Cold Deli Yogurt & Pretzel or Goldfish 	 Asian Meatballs & Rice Chicken Patty Sandwich Deli Sandwich Cold Deli Yogurt & Pretzel or Goldfish 	 Cheese Calzone & Marinara Chicken Caesar Wrap Deli Sandwich Cold Deli Yogurt & Pretzel or Goldfish 	No No

25

- Hamburger & Cheeseburger •
- Fish Sticks
- Deli Sandwich

Pb&J Sandwich

Steamed Broccoli

- Cold Deli Yogurt & Roll
- Pb&J Sandwich
- Corn

Chicken Drumstick & Roll

Cold Deli Yogurt & Roll

26

- Pb&J Sandwich

Yogurt Parfait

Deli Sandwich

Pb&J Sandwich

· Chicken Gravy

Mashed Potatoes

- Black Beans
- Mexican Condiments- ELEM
- Pb&J Sandwich

27

Steamed Veggies

Chicken Alfredo

Deli Sandwich

Pb&J Sandwich

Green Beans

Cheese Ravioli & Roll

Cold Deli Yogurt & Roll

- Pb&J Sandwich
- Green Beans
- · Assorted Italian Condiments

28

- Beef & Bean Burrito
- · Hot Dog
- Deli Sandwich
- Cold Deli Yogurt & Roll
- Pb&J Sandwich
- Refried Beans
- Mexican Condiments- ELEM Assorted Italian Condiments •
- Cheese Pizza Pepperoni Pizza

29

- Deli Sandwich
- Cold Deli Yogurt & Roll
- Pb&J Sandwich
- **Steamed Carrots**
- **Assorted Italian Condiments**